

ABSTRAK

Karimatul Millah Iroki. 220541100094. Program Studi Psikologi. Hubungan *self-efficacy* dengan Pengambilan Keputusan Karier pada siswa SMKN kelas XII di Bangkalan

Pengambilan keputusan karier merupakan salah satu tugas perkembangan yang penting bagi siswa Sekolah Menengah Kejuruan (SMK) karena berkaitan dengan kesiapan mereka dalam menentukan pilihan setelah lulus. Hasil survei pendahuluan terhadap 35 siswa kelas XII menunjukkan bahwa sebanyak 27 siswa (77,1%) masih mengalami kebingungan dalam menentukan pilihan karier setelah lulus, sedangkan 8 siswa (22,9%) menyatakan telah mantap dengan pilihan karier yang akan diambil. Sebagian besar siswa yang masih mengalami kebingungan mengungkapkan bahwa mereka belum yakin terhadap kemampuan yang dimiliki, masih kesulitan menentukan pilihan setelah lulus, serta membutuhkan informasi dan arahan yang lebih jelas mengenai perencanaan karier. Kondisi tersebut mengindikasikan bahwa *self-efficacy* diduga berhubungan dengan pengambilan keputusan karier. Penelitian ini bertujuan untuk mengetahui hubungan antara *self-efficacy* dengan pengambilan keputusan karier pada siswa SMK kelas XII di Bangkalan. Penelitian ini menggunakan pendekatan kuantitatif dengan desain korelasional. Subjek penelitian berjumlah 251 siswa SMK kelas XII di Bangkalan. Data dikumpulkan menggunakan skala *self-efficacy* dan skala pengambilan keputusan karier, kemudian dianalisis menggunakan uji korelasi Product Moment Pearson. Hasil penelitian menunjukkan bahwa *self-efficacy* didominasi kategori sedang (67,3%), sedangkan pengambilan keputusan karier juga didominasi kategori sedang (63,3%). Analisis korelasi menunjukkan terdapat hubungan positif yang signifikan antara *self-efficacy* dengan pengambilan keputusan karier ($r = 0,208$; $p = 0,001$). Temuan tersebut menunjukkan bahwa semakin tinggi *self-efficacy* yang dimiliki siswa, semakin baik pengambilan keputusan karier yang dilakukan, meskipun kekuatan hubungan yang diperoleh tergolong rendah.

Kata kunci : *self-efficacy*, Sekolah Menengah Kejuruan, Pengambilan Keputusan karier

ABSTRACT

Karimatul Millah Iroki. 220541100094. Psychology Program. *The Relationship Between Self-Efficacy and Career Decision-Making Among 12th-Grade Vocational High School Students in Bangkalan*

Career decision-making is one of the important developmental tasks for Vocational High School (VHS) students because it is related to their readiness in determining future choices after graduation. A preliminary survey conducted on 35 twelfth-grade students showed that 27 students (77.1%) still experienced confusion in determining their career choices after graduation, while 8 students (22.9%) stated that they were already certain about the career choices they would pursue. Most students who experienced confusion reported that they were not yet confident in their abilities, still had difficulties in determining their choices after graduation, and required clearer information and guidance regarding career planning. This condition indicates that self-efficacy is assumed to be related to career decision-making. This study aims to determine the relationship between self-efficacy and career decision-making among twelfth-grade VHS students in Bangkalan. This study employed a quantitative approach with a correlational research design. The research participants consisted of 251 twelfth-grade VHS students in Bangkalan. Data were collected using self-efficacy and career decision-making scales and analyzed using the Pearson Product Moment correlation test. The results showed that students' self-efficacy was predominantly in the moderate category (67.3%), while career decision-making was also predominantly in the moderate category (63.3%). The correlation analysis revealed a significant positive relationship between self-efficacy and career decision-making ($r = 0.208$; $p = 0.001$). These findings indicate that the higher the students' self-efficacy, the better their career decision-making ability, although the strength of the relationship was categorized as low.

Keywords: *self-efficacy, Vocational High school, career decision-making*