

ABSTRAK

Sri Liyana Ika Wahyuni. Program Studi Psikologi, Jurusan Ilmu Sosial dan Ilmu Budaya, Fakultas Ilmu Sosial dan Ilmu Budaya, Universitas Trunojoyo Madura. Hubungan antara *Self Regulation* dengan *Task Commitment* pada Mahasiswa Universitas Trunojoyo Madura yang Menjalani SFH (*Study From Home*) Selama Pandemi Covid-19.

Penelitian ini bertujuan untuk menguji hubungan antara *self regulation* dengan *task commitment* pada mahasiswa Universitas Trunojoyo Madura yang Menjalani SFH (*Study From Home*) selama pandemi Covid-19. Hipotesis yang diajukan dalam penelitian ini adalah terdapat hubungan yang positif antara *self regulation* dengan *task commitment* pada mahasiswa Universitas Trunojoyo Madura yang menjalani SFH (*Study From Home*) selama Pandemi Covid-19. Subjek yang digunakan dalam penelitian ini sebanyak 392 mahasiswa dengan teknik *proportionate stratified random sampling*. Pengumpulan data menggunakan dua jenis skala, yaitu skala *self regulation* dan skala *task commitment*. Metode analisis data yang dilakukan dalam penelitian ini menggunakan *spearman rank* dengan bantuan program SPSS. Hasil penelitian uji hubungan dalam hipotesis *self regulation* dengan *task commitment* menggunakan teknik analisis korelasi *spearman rank* menunjukkan bahwa koefisien korelasi $r = 0,766$ dengan $p = 0,000$ ($p < 0,05$), artinya hipotesis penelitian diterima.

Kata Kunci : *Self Regulation*, SFH (*Study From Home*), *Task Commitment*

Daftar Pustaka : 60 (1989-2021)

ABSTRACT

Sri Liyana Ika Wahyuni. Psychology Study Program, Department of Social and Cultural Sciences, Faculty of Social and Cultural Sciences, Trunojoyo Madura University. The Relationship between Self Regulation and Task Commitment to Trunojoyo Madura University Students Undergoing SFH (Study From Home) During the Covid-19 Pandemic.

This study aims to examine the relationship between self regulation and task commitment in Trunojoyo Madura University students undergoing SFH (Study From Home) during the Covid-19 pandemic. The hypothesis proposed in this study is that there is a positive relationship between self regulation and task commitment in Trunojoyo Madura University students who undergo SFH (Study From Home) during the Covid-19 Pandemic. The subjects used in this study were 392 students with *proportionate stratified random sampling* technique. Data collection uses two types of scales, namely the self regulation scale and the task commitment scale. The data analysis method used in this study was *Spearman rank* with the help of the SPSS program. The results of the research on the relationship test in the self regulation hypothesis with task commitment using the *Spearman rank* correlation analysis technique showed that the correlation coefficient $r = 0.766$ with $p = 0.000$ ($p < 0.05$), meaning that the research hypothesis was accepted.

Keywords : *Self Regulation, SFH (Study Frome Home), Task Commitment*

References : 60 (1989-2021)