

CHAPTER 1

INTRODUCTION

This chapter presents some parts of the introduction of this study. They are the background of the study, statements of the research problem, objectives of the study, significance of the study, and scope and limitation of the study.

1.1 Background of the Study

No one expects trouble in their life, especially in mental health because life is not easy for those who are suffering from a mental illness. Someone suffering from mental illness like Alex in *Made You Up* are always in hallucinations, delusions, trauma, and anxiety. Therefore, most of them have a strange style in their life, for example, they are isolated from other people, hurt themselves, and sometimes think that all people in their surroundings are enemies. Mental disorders are serious mental illnesses that result in serious functional disorders, which substantially disrupt or limit one or more major life activities and generally converge in an idea of moods and anxiety disorder (Forbes et al., 2019: p.119). One example of a serious mental illness is schizophrenia. Schizophrenic people often have hallucinations, most commonly auditory hallucinations and visual hallucinations. Schizophrenic people perceive their hallucinations as real and different from the imagery of normal people (Widyana, 2020: p.2).

There is a character who has schizophrenia in the novel titled *Made You Up*, namely Alexandra Ridgemont. Alexandra Ridgemont in the novel *Made You Up* is someone who suffers from a schizophrenia mental disorder characterized by the inability to distinguish between the real and the unreal. Because of this, she struggles every day but forces herself to face how it affects her life. She hates it when people approach her, even talk about her mental illness. It is she accepts the fact that she has schizophrenia and she continues her life by facing it without wallowing in self-pity or waiting for people to come and save her.

There are many characters in the novel, one of which is Alex. *Made You Up* tells the story of Alex, a high school senior unable to tell the difference between real life and delusion. Alex fights a daily battle to figure out the difference between reality and delusion. Armed with a take-no-prisoners attitude, her camera, a Magic 8-Ball, and her only ally (her little sister), Alex wages a war against her schizophrenia, determined to stay sane long enough to get into college. She's pretty optimistic about her chances until classes begin, and she runs into Miles. Didn't she imagine him? Before she knows it, Alex is making friends, going to parties, falling in love, and experiencing all the usual rites of passage for teenagers. But Alex is used to being crazy. She's not prepared for normal. Therefore, this study looked for schizophrenia disorders experienced by Alexandra Ridgemont in the novel *Made You Up* using the theory of Psychoanalysis of Sigmund Freud.

Previous research is need to support the analysis in this study. After searching for some information about psychoanalysis literature and research on schizophrenia in literary works in novels, the writer founds several previous studies such as the study by Shafira Azhari Salsabila (2019) with the title *Andrew's Schizophrenia in Shutter Island By Dennis Lehane*, the result of the study was that Andrew was described as suffering from schizophrenia due to a traumatic event. Traumatic events include his guilt in killing hundreds of unarmed soldiers during World War II and Andrew's guilt for not taking his wife, Dolores to a psychiatrist which led him to kill his three children, resulting in Andrew eventually killing him with no other choice and losing his entire family. Grief over the death of his family led him to depression. His Id can't stand the pain of remembering trauma and unconsciously forms a defense mechanism to escape guilt.

In the second research by Ghofur (2015) titled "*Schizophrenia on The Main Character of The Shutter Island Film Based on Sigmund Freud's Psychoanalysis Theory*", From the analysis, the writer find that the main character has a personality problem because of regression to the primary

narcissism and becomes schizophrenia as his defense. The main character regresses to primary narcissism because he is not comfortable with his psychosexual stages normally. The main character has a bad experience during his childhood. Particularly, schizophrenia is linked to an early part of the oral stage called primary narcissism during which the ego has not separated from the Id. The main character shows two symptoms of schizophrenia such as delusion and hallucination. Finally, he lives in his fictional story and keeps in his insanity when the end of the healing method is almost successful.

In the third research Gita Sofyanti (2021) with the title "*An Analysis of Schizophrenia on Caden Bosch in Neal Shusterman's Challenger Deep Novel*". The results of the study stated that there are positive symptoms and negative symptoms in schizophrenia disorders. The causes of schizophrenia are psychological disorders and environmental factors. The impact of schizophrenia disorders is of three kinds. There are changes in behavior, changes in feelings, and changes in thoughts

In the fourth research Nur Amriani (2017) with the title "*The Schizophrenic in C.E Christiansen's 'The Roommate'*". The results showed four types of schizophrenia. They are simplex schizophrenia, hebephrenic schizophrenia, catatonic schizophrenia, and paranoid schizophrenia. But the most dominant is hebephrenic. Second, researchers found a way to cure schizophrenia as described in *The Roommate* by taking medication

In the fifth research Cahya Ningsih (2022) with the title "*An Analysis of Delusion on Alex in Francesca Zappia's Made You Up*" In this study, the results showed that Alex's delusions included threatening feelings, and having beliefs that were considered subjective. Then how do delusions affect Alex's personality development where she becomes emotional quickly, feels excessively anxious, and becomes depressed because she locks herself up in her room a lot. Some delusions are quick and immediate, while others are more enduring and persist over a long period.

From the background description, the writer is interested in discovering the schizophrenia disorder reflected in the novel *Made You Up* by Francesca Zappia. Sigmund Freud's psychoanalysis approach was used to analyze characters in the novel who had problems with schizophrenia. The novel *Made You Up* was chosen as the object of research because it tells about aspects of mental health and the struggles of its characters. The author of this novel outlines the characters who have Schizophrenia Disorder well. With this issue in mind, it is very interesting to look at this case from the point of view of Schizophrenia disorder, with the title "Alexandra Ridgemont's Schizophrenia Disorder in Francesca Zappia's *Made You Up*".

1.2 Research Question

Related to the background of the study above, the writer analyzes the main character having Schizophrenia Disorder in the novel *Made You Up* by Francesca Zappia. The problems are formulated as the following questions:

1. What are the symptoms of Alexandra Ridgemont's Schizophrenic Disorder in the novel *Made You Up* by Francesca Zappia??
2. How do the family and the doctors treat Alexandra Ridgemont's Schizophrenia Disorder?

1.3 Objectives of the Study

The objectives of the study will be to discover:

1. To discover the symptoms of Alexandra Ridgemont's Schizophrenia Disorder in the novel *Made You Up* by Francesca Zappia.
2. To discover the effort of the family and the doctor to treat and recover Alexandra Ridgemont's Schizophrenia Disorder.

1.4 Significance of the Study

This study has a very useful meaning to study, such as providing theoretical and practical benefits. Theoretically, the results of this study

can apply the theory of Freudian psychoanalysis used to analyze schizophrenia disorders in the novel.

While practically, the results of the study hopefully inspire other writers to write about schizophrenia disorders and increase the knowledge of readers about schizophrenia, especially students of the English Study Program of Trunojoyo Madura University.

1.5 Scope and Limitation of the Study

This study discussed and focused on the schizophrenia disorder suffered by Alexandra Ridgemont in Francesca Zappia's *Made You Up*. The limitations of this study lie in the explanation of the narrator and the speech of the characters containing symptoms and the efforts of the family and the doctors to treat Alexandra Ridgemont's schizophrenia disorder.