

Dwi Ana Pertiwi. 2017. Pengaruh Permainan Tradisional Engklek terhadap Perkembangan Kognitif Anak Usia 5-6 tahun di TK Tarbiyatul Athfal Desa Jaddih Kecamatan Socah Kabupaten Bangkalan. Skripsi. Program Studi Pendidikan Guru Pendidikan Anak Usia Dini. Fakultas Ilmu Pendidikan. Universitas Trunojoyo Madura. Pembimbing: Siti Fdjryana Fitroh, S.Psi, MA dan Dewi Mayangsari, S.Psi, M.Psi

Abstrak

Penelitian ini bertujuan untuk mengetahui pengaruh permainan tradisional engklek terhadap perkembangan kognitif anak usia 5-6 tahun di TK Tarbiyatul Athfal Desa Jaddih Kecamatan Socah Kabupaten Bangkalan. Permainan mampu meningkatkan afiliasi dengan teman sebaya, mengurangi tekanan, dan meningkatkan perkembangan kognitif. Permainan tradisional engklek digunakan untuk menstimulus perkembangan kognitif dalam menyebutkan lambang bilangan 1-20 dan mencocokkan bilangan dengan lambang bilangan. Penelitian ini menggunakan metode kuantitatif dengan pendekatan *Pre-eksperimental Desain* jenis *one group pretest-posttest*. Subyek dalam penelitian ini adalah anak didik dengan rentang usia 5-6 tahun di TK Tarbiyatul Athfal dengan jumlah 11 anak. Peneliti menggunakan teknik pengumpulan data observasi partisipan dan dokumentasi berupa foto-foto kegiatan dan rencana pelaksanaan pembelajaran harian. Peneliti menggunakan teknik analisis data statistik parametris berupa uji-t dengan data hasil penilaian *pretest* dan *posttest*. Hasil penelitian ini diperoleh pada saat *pretest* terdapat 2 anak dengan nilai belum berkembang dan 9 anak mulai berkembang. Penilaian *posttest* setelah melakukan *treatment* dengan menggunakan permainan tradisional engklek didapatkan 2 anak mulai berkembang, 5 anak berkembang sesuai harapan, dan 4 anak berkembang sangat baik. Hasil perhitungan dengan menggunakan uji-t diperoleh nilai T_{hitung} yaitu -5,83 dan nilai T_{tabel} 2,086 maka $-2,086 > -5,83$ dan H_a diterima. Berdasarkan analisis tersebut menunjukkan terdapat pengaruh yang signifikan antara permainan tradisional engklek terhadap perkembangan kognitif.

Kata Kunci : Permainan tradisional engklek, perkembangan kognitif, anak usia 5-6 tahun.

Dwi Ana Pertiwi. 2017. The effect of "englek" traditional game on children cognitive development aged 5-6 years in tk tarbiyatul athfal jaddih, Socah District Bangkalan Regency. Thesis. Early childhood Education Department. Faculty of Education. Universitas Trunojoyo Madura. Advisors: Siti Fadjryana Fitroh, S.Psi, MA and Dewi Mayangsari, S.Psi, M.Psi

Abstract

This study aims to determine the effect of traditional games on children cognitive development aged 5-6 years in TK Tarbiyatul Athfal Jaddih, Socah District Bangkalan rege. The game is able to increase affiliation with peers, reduce stress, and improve cognitive development. This game has been proved to increase affiliation with peers, reduce the pressure, and improve children cognitive development. This "englek" traditional games is utilized to stimulate cognitive development in the naming of numbers 1-20 and match numbers with symbols of numbers. This research employed quantitative method with Pre-experimental approach in the form of one group pretest-posttest. Subjects in this study were 11 students aged 5-6 years in kindergarten Tarbiyatul Athfal. The data collection was carried out by conducting observation and documentation in the form images of the activities and daily lesson plan. Data analysis was executed by conducting statistical analysis technique of parametris in the form of t-test with data gathered from the result of pretest and posttest. The results obtained at the pretest, there were 2 children have low score and 9 children have been successfully on middle score. The Posttest was carried after giving treatment using "englek" traditional game found 2 children started to grow, 5 children developed as expected, and 4 children developed very well. The result of t-test showed that the value t_{count} is -5,83 and t_{table} 2,086, then $-2,086 > -5,83$ so that H_a was accepted. This finding shows that there is a significant effect of "englek" traditional game on children cognitive development aged 5-6 years in TK tarbiyatul athfal jaddih, Socah District Bangkalan Regency.

Keywords: Traditional games, cognitive development, children aged 5-6 years.