

CHAPTER I

INTRODUCTION

This chapter composes of five subchapters. This chapter explains about the background of the study, the statements of research problem, the objectives of the study, the significances of the study, and the scope and limitation of the study.

1.1 Background of the study

Generally, literary work is a reflection of human life because it creates a difference about culture, place, personal experience, society, and history. There are some functions of literary work which are as an entertainment for readers and a media to get a moral value from it. There are many kinds of literary works such as a novel, prose, poetry, and so on. Literary works can invite someone to go out from his or her daily activity by giving guidance to know about something, just like a part of the body from our body, in order to remember the places. According to Mayhed (1965 : 9), literary work is a picture of life, based on the real life or our experience. The reader can enjoy and relax reading the literature. On the contrary, the function of literary works is as an object of research. Thus, literary works can be analyzed by its intrinsic and extrinsic elements.

Analyzing about the part of literary works such as plot, settings, conflict, and so on belongs to intrinsic element. While analyzing literary works from its other sides, by use particular theory as wish, such as feminism, psychology, reader-response, post-colonialism and so on belongs to extrinsic elements. One of the most theories often used is psychology.

According to Dastmard, Razmjoo, Salehi (2012: 1) that psychology theory is the available theory to analyze the character or human personality in life. There

are many stories based on our life which is retold in literature. Each story contains conflict which is suitable to be analyzed with psychology theory. In this study, the writer tries to analyze literary work using psychology theory which is related to personality problem that happens to people. Literature has reflected the problem of human daily life. Because of that, the problem is really interesting to be analyzed in psychology way. One of the conflicts is abnormal behavior and it is caused a trauma of what happens to people in their past. Psychology is a study of human's psyche. Human's psyche can be explained through human's observable patterns of behavior.

According to Davidoff (1987:6), psychology of literature is studying from "thinking and soul". There is a close relationship between psychology and literature. Literature exhibits how human beings behave in dealing with their problems and environment. Psychoanalytic theory from Sigmund Freud is a concept of psychology in literary work to understand about the psychological character. Freud's theory shows how the experience can influence ourselves. He says that psychological conflicts and personality is to form the psychosexual. For example is the main character in novel *Fifty Shades of Grey* by E.L. Jame, namely Christian Grey.

There are two main characters in the story of *Fifty Shades of Grey* novel. They are Christian Grey and Anastasia Steele. There are some issues related with the novel before the author showing the character's name. It has similarity with the characters namely Edward Cullen and Bella Swan in *Twilight* novel. After got some comments about the story, James removed the story from the website. James rescript again the story and change the main characters' name into Christian Grey

and Anastasia Steel. The writer interested in this novel because the novel has a unique story. Sometimes, it has issue related with human experience. Further, the uniqueness comes from the first novel entitled *Fifty Shades of Grey* than the next trilogy novel.

This study is going to analyze *Fifty Shades of Grey* novel by using a theory of psychology from Sigmund Freud. It is used to find out more about the main character who becomes the object of this study. The character's behavior can be seen from the story of the novel. The genre of psychology in literature is investigated by using the theory of Sigmund Freud who is the father of Psychoanalytic. Psychoanalytic that focuses on traumatic and affected to sexual sadism and masochism. In *Fifty Shades of Grey* the writer focused on trauma in which it gives some effects, such as sexual sadism and masochism. Sexual sadism and masochism are included into mental disorder. This argument is supported with :

“In DSM-III each of the mental disorders is conceptualized as a clinically. Significant behavioral or psychological syndrome or pattern that occurs in an Individual and that is typically associated with either a painful symptom (distress) or impairment in one or more important areas of functioning (disability). In addition, there is an inference that there is a behavioral, psychological, or Biological dysfunction, and that the disturbance is not only in the relationship. Between the individual and society. (When the disturbance is limited to a conflict between an individual and society, this may represent social deviance, which may or may not be commendable, but is not by itself a mental disorder). (The American Psychiatric Association, 1980:6).”

Based on the information above, mental disorder is a kind of disease. It can happen when people get an accident that makes dysfunction of brain. It makes someone has mental disorder and then influences his or her psychological,

because there is a relationship between individual and society. The important thing related with mental disorder is someone's behaviour.

Trauma is able to remind someone of his or her experience, especially bad experience in the past. The bad experience can cause a trauma for someone and gives some effects for his/her life. Thus, trauma becomes the basic reason for someone to do something in describing situation with his/her emotional. Trauma in human's life talks about the memories of someone which can be influenced by his or her experiences. With good experience, someone can create his memory with happiness, however with bad experience, the subject will create trauma to the object and it can cause a fatal consequence. Geddes (2005 : 1) states that trauma is people condition in stress and someone's trauma can show what the felt of his experiences in the past time. The definition of trauma is a broad and also the effect of trauma itself is in our life. Someone trauma can happen from an accident, crime, or sexual abuse. Someone's trauma can describe his/her psychological situation when his/her ability leads hi, to do something such as sexual disorder in behavior. In this case, psychoanalytic is the appropriate theory to analyze these problems (Cromer, 2006 : 35).

This study focuses on analyzing the causes and effects of trauma that experienced by Christian Grey in *Fifty Shades of Grey* novel. In *Fifty Shades of Grey*, the author tells that Christian Grey has a relationship with Anastasia Steele. They have uniqueness in their love story. Before Christian met Anna he had trauma from his childhood experience. It is interesting to analyze the character of Christian Grey is because he is a good actor who has good background that makes every woman wants to be his wife. He looks like a perfect man who has treasure,

property, inheritance, and wealth. But he has a secret in his life about bad habit toward sexual relationship or sexual abnormal. He likes to hurting his partner when doing sexual and he will get satisfied when he knows the partner got a pain. Besides, this novels had been sold over 100 million copies world wide, over 35 million copies in United States and set the record in United Kingdom as the fastest selling paperback of all time.

As the explanation above, *Fifty Shades of Grey* by E.L James is interesting to be analyzed. There are many studies that analyzed this novel with many kinds of theories. The first, thesis by Fibry Halla Fanani as student in Study Program of English Department of Languages and Literature, University of Brawijaya (2014) entitled *The Influence of Self-Esteem on Sexual Behavior of Christian Grey and Anatasia Steele in E.L James's Fifty Shades of Grey*.The writer focused to analyzed about self-esteem in this novel. The second, Journal from Widyawati Lambanaung (2015) in University of Samratulangi, Cultures Sciencie Faculty with entitled *Gangguan Seksual Tokoh-Tokoh Utama Dalam Novel Fifty Shades of Grey by E. L James*. The writer focused to classify the kinds of “sexual disorder” in *Fifty Shades of Grey* novel. It shows that this source of the data is similar with the studies mentioned above but it is analyzed by different theory in this present study.

1.2 Statements of Research Problem

Based on the background of the study, there are two questions that are offered in this study:

1. What are the causes of Christian Grey's trauma portrayed in E.L. James's *Fifty Shades of Grey*?

2. What are the effects of Christian Grey's trauma portrayed in E.L. James's *Fifty Shades of Grey*?

1.3 Objectives of The Study

According to the research questions above, there are two objectives of the study that are going to be found:

1. To analyze the causes of Christian Grey's trauma portrayed in E.L. James's *Fifty Shades of Grey*.
2. To describe the effects of Christian Grey's trauma portrayed in E.L. James's *Fifty Shades of Grey*.

1.4 Significances of The Study

This study expects to help the reader to understand about the causes and effects of Christian Grey's trauma which is shown in this story. There are theoretical and practical benefits in this study. Theoretically, this study is expected to give a reference about psychoanalytic theory by Sigmund Freud. Especially, gives a better understanding about trauma in E.L. James' *Fifty Shades of Grey*. Then practically, this study becomes a reference for other students in analyzing the same source of the data or using the same theory.

1.5 Scope and Limitation of The Study

The scope of this study is the psychoanalytic theory by Sigmund Freud that focuses on causes and effects of trauma in *Fifty Shades of Grey* by E.L. James. The study is limited on the utterances of the character of Christian Grey which is related to psychoanalytic theory by Sigmund Freud that focused on trauma

