

ABSTRAK

Ulfia Annisa Muthoifah. 180541100079. Pengaruh Dukungan Sosial terhadap *Family Quality of Life* pada Orang Tua dengan Anak Berkebutuhan Khusus di Kabupaten Bangkalan Skripsi. Program Studi Psikologi, Fakultas Ilmu Sosial dan Ilmu Budaya. Universitas Trunojoyt Madura. 2022. Xix + 68 halaman, 11 lampiran

Penelitian ini bertujuan untuk mengetahui pengaruh dukungan sosial terhadap *family quality of life* pada orang tua dengan anak berkebutuhan khusus di Kabupaten Bangkalan. Responden dalam penelitian ini adalah orang tua anak berkebutuhan khusus di Kabupaten Bangkalan yang bersekolah. Jumlah responden dalam penelitian ini adalah 50 orang tua dengan anak berkebutuhan khusus. Penelitian ini menggunakan pendekatan kuantitatif dengan teknik *non probability sampling-purposive sampling*. Instrumen dalam penelitian adalah dukungan sosial dan *family quality of life*. Analisis yang digunakan dalam penelitian ini adalah uji Spearman Rank dengan bantuan program SPSS 24 *for windows*. Hasil penelitian ini menunjukkan bahwa korelasi antara variabel dukungan sosial dengan *family quality of life* positif dengan nilai *Correlation Coefficient* sebesar 0,640. Positif artinya searah, yakni semakin tinggi dukungan sosial maka semakin tinggi pula *family quality of life*, begitupun sebaliknya. Uji spearman rank pada skala dukungan sosial dan *family quality of life* memiliki signifikansi sebesar 0,000 yang berarti lebih kecil dari pada 0,05. Hal ini berarti bahwa terdapat pengaruh yang signifikan variabel dukungan sosial terhadap *family quality of life* pada orang tua dengan anak berkebutuhan khusus.

Kata Kunci: Dukungan Sosial, *Family Quality of Life*, Orang Tua dengan Anak Berkebutuhan Khusus.

ABSTRAK

Ulfia Annisa Muthoifah. 180541100079. The Effect of Sosial Support on Family Quality of Life on Parents with Children with Special Needs in Bangkalan Thesis. Psychology Departement, Faculty of Social and Cultural Sciences. Trunojoyt Madura University. 2022. Xix + 68 pages, 11 attachments.

This study aims to determine the effect of social support on family quality of life for parents with children with special needs in Bangkalan Regency. Respondents in this study were parents of children with special needs in Bangkalan who attended school. The number of respondents in this study were 50 parents with children with special needs. This study uses a quantitative approach with non-probability sampling-purposive sampling technique. The instruments in this research are social support and family quality of life. The analysis used in this study is the Spearman Rank test with the help of the SPSS 24 for windows program. The results of this study indicate that the correlation between social support variables and family quality of life is positive with a Correlation Coefficient value of 0.640. Positive means in the same direction, that is, the higher the social support, the higher the family quality of life, and vice versa. Spearman rank test on the scale of social support and family quality of life has a significance of 0.000 which means it is smaller than 0.05. This means that there is a significant effect of social support variables on family quality of life for parents with children with special needs.

Keywords: Sosial Support, Family Quality of Life, Parents with Children with Special Disabilities.