

ABSTRACT

Effendi, M.Y. 15.05.111.000.87. *Ma's Self-Actualization in Emma Donoghue's Room: Maslow Humanistic Psychological Approach*. English Study Program of Faculty of Social and Cultural Sciences, University of Trunojoyo Madura. Advisor: Erika Citra Sari Hartanto, S.S., M.Hum.

This study focuses on the Ma's need to achieve her self-actualization based on Abraham Maslow theory. This study aims to explain Ma's needs from the basic need until the self-actualization need and describe the characteristics of self-actualization people. This study uses a novel from Emma Donoghue entitled *Room* as the source of data.

This study used a qualitative research design as the method because the data are in the form of words. The data is the narration and utterances of the novel which correlated with the theory of Abraham Maslow. The data of this study are taken through reading, reducing, and analyzing the data. This study applies Maslow's human motivation as the theory.

The results of this study indicate that Ma has fulfilled her needs from the D-needs (Deficiency needs) which are physiological needs, safety needs, love and belonging needs, and esteem need, until the B-need (Being need) which is the self-actualization need. She also has characteristics of the self-actualizer which are more efficient perception of reality; acceptance of self, others, and nature; spontaneity, simplicity, naturalness; problem centering; the need for privacy; autonomy; continued freshness of appreciation; peak experiences; social interest; profound interpersonal relations; democratic character structure; discrimination: means and ends; philosophical sense of humor; creativeness; and resistance to enculturation.

Keywords: *needs, self-actualization, Maslow's theory, Room.*

TABLE OF CONTENTS

PRONOUNCEMENT OF THESIS ORIGINALITY	iii
APPROVAL SHEET	iv
MOTTO	vi
DEDICATION	vii
ACKNOWLEDGMENT.....	viii
PRONOUNCEMENT OF THESIS PUBLISHING AGREEMENT .	x
ABSTRACT	xi
TABLE OF CONTENT	xii
CHAPTER I. INTRODUCTION	
1.1 Background of The Study.....	1
1.2 Statement of Research Problem.....	5
1.3 Objectives of The Study	5
1.4 Significances of The Study.....	5
1.5 Scope and Limitation	6
CHAPTER II. REVIEW OF RELATED LITERATURE	
2.1 Psychology and Literature.....	7
2.2 Maslow's Theory of Human Motivation.....	8
2.2.1 Hierarchy of Needs	9
2.2.2 Characteristic of Self-actualization.....	12
2.3 Previous Studies.....	17
CHAPTER III. RESEARCH METHODOLOGY	
3.1 Research Design.....	19
3.2 Data and Source of Data.....	19
3.3 Research Instrument.....	19
3.4 Technique of Collecting Data.....	20
3.5 Technique of Analyzing Data.....	20
CHAPTER IV. DISCUSSION	
4.1 Ma's Needs	21
4.1.1 Physiological Needs	22
4.1.2 Safety Needs	25
4.1.3 Love and Belonging Needs.....	28
4.1.4 Esteem Needs.....	30

4.1.5 The Self-actualization Needs	32
4.2 Characteristic of Self-Actualizing People	34
4.2.1 More Efficient Perception of Reality.....	34
4.2.2 Acceptance of Self, Others, and Nature	35
4.2.3 Spontaneity, Simplicity, and Naturalness	36
4.2.4 Problem-Centering	37
4.2.5 The Need for Privacy.....	38
4.2.6 Autonomy	39
4.2.7 Continued Freshness of Appreciation	40
4.2.8 The Peak Experience	40
4.2.9 Social Interest.....	41
4.2.10Profound Interpersonal Relations.....	42
4.2.11The Democratic Character Structure.....	43
4.2.12Discrimination Between Means and End	44
4.2.13Philosophical Sense of Humor	45
4.2.14Creativeness	46
4.2.15Resistance to Enculturation	47
 CHAPTER V. CONCLUSION AND SUGGESTION	
5.1 Conclusion.....	49
5.2 Suggestion	49
 REFERENCES	51
 APPENDIX	53