

CHAPTER I

INTRODUCTION

This chapter explains some parts of introduction. They are background of the study, statements of research problem, objectives of the study, significances of the study, scope and limitation of the study.

1.1. Background of The Study

“As long as you’re around, your life is too. So just as you shower love and affection and attention on the husband, wives, parents, children and forever friends who surround you, you have to do so equally with your life, because it’s yours, it’s you, and it’s always there rooting for you, cheering you on, even when you feel like you can’t do it” (Ahern, 2001: 484).

Future can be seen as a mysterious one, because human cannot predictsituation that will be happened in the future. Therefore, if there is an opportunity to show our loveto others, we will do it.We do not know when we can get the same situation again. Sometimes we will also experience situation when we cannot do anything that we want. If that situation comes in our life, we will experience the symptom called “anxiety”,because it means there is a danger will be happened if we do anything that we want. For example there is a boyand a girl that love each other, but they cannot tell about his feeling to the girl, because the girl have married, after that he is afraid the husband will be angry to him if the husband knows about it. “Freud said that anxiety was a felt, affective unpleasant state accompanied by a physical sensation that warned the person against impending danger” (Feist, 2006: 33). The statement above tells that anxietyis a sign of danger. Therefore, people will do anything to defense their anxiety,

although it damages themselves. Occasionally, anxiety is chosen as the theme that will be discussed in this study.

The Time of My Life by Cecilia Ahern is one of novels that widely discusses about anxiety. It is the eighth novel by Cecilia Ahern since she began to write novels in 2002. The main character in this novel is Lucy Silchester. She experiences anxiety because of some reasons. Lucy works as a translator in a company and one of the prerequisites in the company is all of employees must have ability in speaking Spanish. Lucy cannot fulfill the prerequisite because she has not ability in speaking Spanish. Therefore, she lies to her boss. She tells that she can speak Spanish to get the job. As a consequence, she experiences anxiety all the time because she is afraid that her boss will know about her lying. If her boss knows about it, she will get fired. *The Time of My Life* by Cecilia Ahern does not only contain story about anxiety but also about love, family, time, and friends. It makes this novel also have many important lessons.

This study uses psychoanalysis to analyze anxiety experienced by Lucy Silchester as the main character, because it is a theory that studying about mental of life condition in mind area. Therefore, some theories in psychoanalysis are appropriate to be used in this study. They are dynamic personality that contains anxiety and defense mechanism to cover the anxiety.

Anxiety as the theme in this study is an interesting topic, because of that there are some people use anxiety as the data in their study. Agus Santoso (2006) and Ainur Farhan (2013) are some of students who use anxiety as the theme in the study. This study is different from another, because this study uses different

source of data. This study also discusses some kinds of defense mechanisms, they are denial, rationalizations, projection, and fantasy to uncover the anxiety.

1.2. Statement of The Research Problem

In line with the background of the study the research problems of this study are related to the anxiety of Lucy Silchester, and the problem are formulated into the question below :

1. What is the cause of Lucy Silchester's anxiety?
2. What is the kind of Lucy Silchester's anxiety?
3. How is Lucy Silchester overcome her anxiety?

1.3 Objectives of The Study

In line with statement of the research problems, this study is intended to elaborate:

1. The cause of Lucy Silchester's anxiety.
2. The kind of Lucy Silchester's anxiety.
3. Lucy Silchester's way to overcome her anxiety.

1.4. Significance of The Study

Dealing with the previous discussion, This study gives some benefits and some significances in both theoretically and practically. Theoretically, this study give better understanding about the analysis of anxiety using psychoanalytic theory by Sigmund Freud, particularly in a novel entitled *The Time of My Life*. Practically, this study gives inspiration and knowledge to the readers who will analyze the same theory or literary work.

1.5. Scope and Limitation of Study

Since this study analyzes the literary work based on psychological approach, the scope of this study is psychoanalytic theory by Sigmund Freud. Particularly, this study focuses on Lucy Silchester's anxiety which is reflected in the novel. This study limits on character's utterances and the author's narration which indicate Lucy Silchester's anxiety.