

## ABSTRACT

Evi Setya Ramadana. 17.05.111.000.37. The Main Character's Overcoming Anxiety in Novel *Turtles All The Way Down* by John Green. Thesis. English Study Program of the Faculty and Cultural Sciences. University of Trunojoyo Madura. Advisor: Dr. Dra. Siti Hanifa, M.Pd.

This research aims to analyze the main character's anxiety in novel *Turtles All The Way Down* by John Green used psychoanalytic theory by Sigmund Freud. The method of this research is qualitative method. The technique of collecting data of this study is examining the data. The writer read the source of data more than once to find out basic information about the story in the novel and also to get an in-depth understanding of the existing phenomena. The technique of analyzing the data covered data condensation, data display, and conclusion drawing/verification.

The objectives of this research are to describe; 1) the types of Aza anxiety; 2) the effects of Aza's anxiety; 3) the way done by Aza in dealing with her problem in daily lives seen from the self defence mechanism. The results of this research are; 1) Aza Holmesy experienced three types of anxiety such as reality anxiety, neurotic anxiety and moral anxiety, 2) describes the anxiety of Aza Holmesy that affect to physical, emotional, cognitive and behavioural; 2) In dealing Aza's anxiety, she uses three kinds of self defence mechanism; repression, rationalization and projection.

**Keywords:** Anxiety, Self Defence Mechanism, Psychoanalytic, Sigmund Freud.

## ABSTRAK

Evi Setya Ramadana. 17.05.111.000.37. Kecemasan Karakter Utama dalam novel *Turtles All The Way Down* karya John Green. Skripsi, Sastra Inggris. Fakultas Ilmu Sosial dan Budaya. Universitas Trunojoyo Madura. Dosen Pembimbing: Dr. Dra. Siti Hanifa, M.Pd.

Penelitian ini bertujuan untuk menganalisis kecemasan pada karakter utama dalam novel *Turtles All The Way Down* karya John Green menggunakan teori psikoanalitik oleh Sigmund Freud. Metode penelitian ini adalah metode kualitatif. Teknik pengumpulan data di penelitian ini yaitu memeriksa data yang ada pada sumber data. Penulis membaca beberapa kali untuk menemukan informasi dasar tentang cerita dalam novel dan juga untuk menemukan pemahaman lebih dalam pada permasalahan yang ada. Teknik analisis data yaitu data kondensasi, data display dan membuat kesimpulan/verifikasi.

Tujuan penelitian ini adalah untuk menjelaskan; 1) macam-macam kecemasan yang dialami oleh Aza; 2) pengaruh dari kecemasan Aza; 3) cara yang dilakukan oleh Aza dalam menghadapi masalahnya di kehidupannya dilihat dari mekanisme pertahanan. Hasil dari penelitian ini adalah; 1) Aza Holmesy mengalami tiga tipe kecemasan seperti kecemasan realitas, kecemasan neurotic dan kecemasan moral; 2) menjelaskan pengaruh dari kecemasan pada Aza Holmesy pada fisik, emosi, kognitif dan perilaku; 3) Di dalam menghadapi kecemasan pada Aza, dia menggunakan tiga macam mekanisme pertahanan; represi, rasionalis, dan proyeksi.

**Kata Kunci;** Kecemasan, Self Defence Mechanism, Psikoanalitik, Sigmund Freud

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