

Dinda Fajrina Tachtia. 2026. Krisis Eksistensi Tokoh Utama dalam Novel *Logika Asa* Karya Valerie Patkar : Kajian Eksistensialisme Soren Kierkegaard. Skripsi, Pendidikan Bahasa dan Sastra Indonesia, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Trunodjoyo Madura. Pembimbing: Ahmad Jami'ul Amil, M.Pd., Ph.D.

ABSTRAK

Novel merupakan salah satu karya sastra yang merefleksikan berbagai fenomena kehidupan manusia, salah satunya krisis eksistensi yang ditandai oleh kebingungan dalam memaknai hidup dan kesulitan menerima diri. Penelitian ini bertujuan untuk mendeskripsikan proses krisis eksistensi, faktor-faktor yang memengaruhi terjadinya krisis eksistensi, serta wujud keputusan tokoh utama dalam novel *Logika Asa* karya Valerie Patkar. Penelitian ini menggunakan pendekatan kualitatif dengan metode deskriptif serta dikaji menggunakan teori eksistensialisme Soren Kierkegaard. Sumber data berupa novel *Logika Asa*, sedangkan data penelitian berupa kutipan narasi, dialog, dan monolog yang menunjukkan krisis eksistensi. Data dikumpulkan melalui teknik baca dan catat, kemudian dianalisis menggunakan model interaktif yang meliputi reduksi data, penyajian data, dan penarikan simpulan. Hasil penelitian menunjukkan bahwa krisis eksistensi tokoh utama dalam novel *Logika Asa* karya Valerie Patkar diwujudkan dalam tiga bentuk, yaitu kesulitan menerima diri sendiri, kehilangan arah hidup, dan ketergantungan terhadap pengakuan orang lain. Krisis tersebut menunjukkan bahwa tokoh dominan berada pada tahap estetis. Selain itu, krisis eksistensi dipengaruhi oleh faktor internal, berupa rendahnya penerimaan dan kepercayaan diri serta kebingungan identitas, dan faktor eksternal, berupa perundungan, tuntutan keluarga. Hasil penelitian ini diharapkan dapat memberikan pemahaman mengenai proses krisis eksistensi, faktor-faktor yang memengaruhinya, sehingga dapat menjadi kontribusi bagi pengembangan kajian eksistensialisme.

Kata kunci: Eksistensi, Tokoh utama, Novel, Eksistensialisme soren kierkegaard.

Dinda Fajrina Tachtia. 2026. *The Existential Crisis of the Main Character in Valerie Patkar's Novel Logika Asa: A Study of Soren Kierkegaard's Existentialism*. Undergraduate Thesis, Indonesian Language and Literature Education Program, Faculty of Teacher Training and Education, Trunodjoyo Madura University. Supervisor: Ahmad Jami'ul Amil, M.Pd., Ph.D.

ABSTRACT

A novel is a literary work that reflects various aspects of human life, one of which is an existential crisis characterized by confusion in finding the meaning of life and difficulties in accepting oneself. This study aims to describe the forms of the main character's existential crisis and the internal and external factors contributing to it in Logika Asa, a novel by Valerie Patkar. This research employed a qualitative approach with a descriptive method and was analyzed using Søren Kierkegaard's existentialism theory. The data source was the novel Logika Asa, while the research data consisted of narrative, dialogue, and monologue excerpts indicating the main character's existential crisis. Data were collected through reading and note-taking techniques and analyzed using an interactive model consisting of data reduction, data display, and conclusion drawing. The findings reveal that the main character's existential crisis is manifested in three forms: difficulty in accepting oneself, loss of life direction, and dependence on others' recognition. These findings indicate that the main character predominantly remains at the aesthetic stage. Furthermore, the existential crisis is influenced by internal factors, including low self-acceptance, low self-confidence, and identity confusion, as well as external factors, including bullying, family demands, and social pressure. This study is expected to contribute to a deeper understanding of the process of existential crisis and the factors influencing it, thereby enriching the study of existentialism in literary research.

Keywords: Existential crisis, Main character, Novel, Existentialism soren kierkegaard.