

Siti Aisah Kusnul Wahyuni. 2026. Konflik Batin Tokoh Utama dalam Novel *Assalamualaikum Baitullah* Karya Asma Nadia (Kajian Psikoanalisis Sigmund Freud) Sebagai Pembentukan Empati Pada Siswa Kelas XI MAN Bangkalan. Skripsi. Program Studi Pendidikan Bahasa dan Sastra Indonesia. Fakultas Keguruan dan Ilmu Pendidikan. Universita Trunojoyo Madura. Pembimbing Dr. Ira Fatmawati, S. S., M. Pd.

ABSTRAK

Penelitian ini dilatarbelakangi oleh kompleksitas pergulatan psikologis tokoh utama novel *Assalamualaikum Baitullah* karya Asma Nadia yang kaya akan konflik batin, serta potensi novel sebagai media pendidikan karakter berbasis empati. Penelitian ini menerapkan pendekatan kualitatif deskriptif dengan metode studi pustaka dan observasi. Sumber data berupa teks novel, sedangkan teknik pengumpulan data menggunakan teknik baca dan catat. Analisis data menggunakan reduksi data, penyajian data, dan penarikan kesimpulan. Keabsahan data diuji melalui peningkatan ketekunan dan penggunaan bahan referensi. Penelitian ini bertujuan untuk: (1) mendeskripsikan bentuk konflik batin tokoh utama; (2) mendeskripsikan hubungan konflik batin dengan *id*, *ego*, dan *superego*; serta (3) mendeskripsikan pemanfaatan hasil analisis sebagai pembentukan empati siswa kelas XI MAN Bangkalan. Hasil penelitian menunjukkan tokoh utama Amira mengalami tujuh bentuk konflik batin: depresi (7 data), cemas (4 data), rasa takut (2 data), rasa bersalah (2 data), marah (4 data), sakit hati (5 data), dan perhatian (1 data). Berdasarkan teori Freud, ditemukan 18 data aspek *id*, 13 data *ego*, dan 6 data *superego*. Ketiga struktur kepribadian saling berinteraksi menimbulkan dinamika konflik batin kompleks. Hasil analisis konflik batin ini dapat dimanfaatkan untuk membentuk tiga jenis empati siswa: emosional, kognitif, dan kompasional. Dengan demikian, novel *Assalamualaikum Baitullah* kaya akan nilai psikologis dan spiritual sekaligus berfungsi sebagai media pendidikan karakter berbasis empati.

Kata kunci: konflik batin, *id*, *ego*, *superego*, empati

Siti Aisah Kusnul Wahyuni. 2026. *Internal Conflicts of the Main Character in the Novel Assalamualaikum Baitullah by Asma Nadia (A Psychoanalytic Study Based on Sigmund Freud) as Empathy Development for Eleventh-Grade Students at MAN Bangkalan*. Undergraduate Thesis. Indonesian Language and Literature Education Study Program. Faculty of Teacher Training and Education. Trunojoyo Madura University. Supervisor: Dr. Ira Fatmawati, S.S., M.Pd.

ABSTRACT

This research is motivated by the complexity of the psychological struggles of the main character in Asma Nadia's novel Assalamualaikum Baitullah, which is rich in inner conflicts, as well as the novel's potential as a medium for empathy-based character education. The study employs a descriptive qualitative approach with a literature review method. The data source is the novel's text, while data collection techniques involve close reading and note-taking. Data analysis uses data reduction, data presentation, and conclusion drawing. Data validity is tested through increased rigor and the use of supporting references. The objectives of this research are: (1) to describe the forms of the main character's inner conflicts; (2) to describe the relationship between inner conflict and the id, ego, and superego; and (3) to describe the utilization of the analysis results for fostering empathy among 11th-grade students at MAN Bangkalan. The findings show that the main character, Amira, experiences seven forms of inner conflict: depression (7 instances), anxiety (4), fear (2), guilt (2), anger (4), hurt (5), and concern/care (1). Based on Freud's theory, 18 instances of the id, 13 of the ego, and 6 of the superego were identified. These three personality structures interact to produce a complex dynamic of inner conflict. The results of this inner-conflict analysis can be utilized to cultivate three types of student empathy: emotional, cognitive, and compassionate empathy. Thus, the novel Assalamualaikum Baitullah is rich in psychological and spiritual values and functions as a medium for empathy-based character education.

Keywords: internal conflict, id, ego, superego, empathy