

ABSTRAK

Fitrotul Hidayah, Kajian Work From Home Terhadap Work Life Balance Pekerja Perempuan (Studi pada Dosen Fakultas Ekonomi dan Bisnis, Universitas Trunojoyo Madura). Dibawah bimbingan Mochammad Isa Anshori, SE.,M.Si

Penelitian ini dilakukan untuk mengetahui bagaimana kajian tentang *work from home* terhadap *work life balance* pekerja perempuan. Metode penelitian yang digunakan dalam penelitian ini adalah metode kualitatif. Penelitian ini menggunakan tehnik pengambilan data purposive sampling yaitu teknik pengambilan sampel sumber data dengan pertimbangan tertentu. Adanya penerapan *work from home* ini berpengaruh terhadap *work life balance*. umumnya karena ketika *work from home* dosen-dosen perempuan masih harus mengurus keluarga, terlebih dosen yang memiliki anak kecil. Sehingga akhirnya campur antara urusan keluarga dan pekerjaan. Namun, pengaruh-pengaruh seperti ini umumnya dirasakan di awal diberlakukannya *work from home*. Karena belum terbiasa sehingga harus menyesuaikan terlebih dahulu dengan keadaan baru. Sehingga ketika *work from home* sudah dilaksanakan kurang lebih selama satu tahun sudah mulai terbiasa. Bagi peneliti selanjutnya disarankan untuk melakukan penelitian dengan informan yang lebih luas lagi. karena penelitian ini hanya menggunakan informan dosen saja.

Kata Kunci: dosen perempuan, *work from home* dan *work life balance*

ABSTRAC

Fitrotul Hidayah, Study of work From Home Againts Work Life Bakance of Women Workes (Study at the Lecturer of the Faculty of Economics and Business, University of Trunojoyo Madura). Under the guidance of Mochammad Isa anshori, SE.,M.Si

This research aimed to find out how a review about work from home toward the work-life balance of female workers. This research applied the qualitative method. The sample was selected by the purposive sampling technique. It was done by applying certain considerations, such as selecting the eligible respondents to explore the data. The implementation of work from home affected their work-life balance. It was found that female lecturers also had to take care of their households and their younger children. However, these situations were experienced at the beginning of their work from home activity. It was due to they were not habituated and required time to adapt. After about a year of work from home activities, they had been habituated to do it. For further researchers, it is recommended to conduct research with range of informants. Because this research only uses lecturer informants.

Keywords: female lecturers, work from home, and work-life balance