

ABSTRAK

Sawilah Rofiq Annur. 200541100098. Program Studi Psikologi. *Grit* pada Remaja Perempuan *Fatherless*. Program Studi Psikologi, Fakultas Ilmu Sosial dan Ilmu Budaya, Universitas Trunojoyo Madura. 2023.

Penelitian ini bertujuan untuk mengetahui gambaran *grit* pada remaja perempuan *fatherless*. Metode penelitian yang digunakan adalah pendekatan kualitatif dengan menggunakan metode fenomenologi. Penelitian ini dilakukan di Kabupaten Bangkalan, Madura. Partisipan dalam penelitian ini dipilih menggunakan teknik *purposive sampling*. Pengumpulan data dilakukan melalui wawancara semi terstruktur. Analisis data dilakukan menggunakan metode *interpretative phenomenological analysis*. Hasil penelitian ini mengungkapkan bahwa, (1) remaja perempuan *fatherless* menimbulkan dampak seperti rasa kehilangan, kebimbangan dan ketakutan, perasaan sedih dan kecewa dan iri. (2) tetap memiliki *grit* yang memunculkan dua aspek diantaranya aspek *consistency of interest* (konsistensi minat) yang memunculkan adanya minat dan tujuan yang jelas kedepannya, adanya bukti prestasi dan konsistensi, upaya untuk menjadi lebih baik, subjektif mengevaluasi diri, tekad yang kuat, tetap teguh dengan tujuan, gigih berusaha mewujudkan tujuan, mandiri, dan adanya usaha menggapai impian. Serta aspek *perseverance of effort* (ketahanan dalam usaha) yang memunculkan adanya sikap pantang menyerah di berbagai situasi, tekad mempertahankan tujuan, etos kerja tinggi, selau ingin memperbaiki dan terus mencoba, serta selalu berpikir positif.

Kata kunci: *grit*, *fatherless*, remaja, *phenomenology*

ABSTRACT

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This research aims to determine the description of grit in fatherless female adolescents. The research method used is a qualitative approach using the phenomenological method. This research is Bangkalan Regency, Madura. Participants in this research were selected using a purposive sampling technique. Data collection was carried out through semi-structured interviews. Data analysis was carried out using the interpretative phenomenological analysis method. The results of this research reveal that, (1) fatherless teenage girls experience impacts such as a sense of loss, doubt and fear, feelings of sadness and disappointment and envy. (2) still have grit which gives rise to two aspects including the consistency of interest aspect which gives rise to clear interests and goals for the future, evidence of achievement and consistency, efforts to be better, subjective self-evaluation, strong determination, constant firm with goals, persistent in trying to realize goals, independent, and there is an effort to achieve dreams. As well as the aspect of perseverance of effort which gives rise to an attitude of never giving up in various situations, determination to maintain goals, high work ethic, always wanting to improve and continuing to try, and always thinking positively.

Keywords: *grit, fatherlessness, teenagers, phenomenology*