

CHAPTER I

INTRODUCTION

This chapter has five subchapters; they are the background of the study, statement of the problems, objectives of the study, significance of the study, and scope and limitation of the study.

1.1. Background of the study

Everyone has good and bad experience in their life. Sometimes, their experience will get the good result in future and sometimes get the bad result in the future. One of the bad experience is a sense anxious. anxiety can be an important experience because it can reveal core issues (Tyson, 2006:16). It means that anxiety can be useful, because almost the people would face anxiety, like a rich people anxious of losing their money, the mother feels anxiety when her children far away, a wife feels anxious when her husband comes out. Anxiety is an unsettling anticipation of a threatening but vague event; a feeling of uneasy suspense (Schultz, 2005:58). It means anxiety happened in the unclear event, feeling of unease. Moreover, anxiety brings painful emotional like distress and helplessness.

Related to the statement above, there are many writers write literary work about human life, especially novel. Through the novel, they are able to create their imagination well. According to Novelist in Theory of the Novel states that the novel is a life in the form of the book (in Mckeen, 2000: 57). It means that novel

portrays human life. For example, *Rebecca* is a breathtaking novel which portrays household life that is written by Daphne Du Maurier.

Daphne Du Maurier is one of the romantic novelists; she was born in London, 13 May 1907. She is the second child of three daughters of the prominent actor-manager Sir Gerald du Maurier and actress Muriel Beaumont. Her grandfather was the author. Her elder sister became a writer, and her younger sister was a painter. Her family helped her in her literary career. She published some of her literary work in Beaumont's Bystander magazine. Her literary work are; *The Loving spirit*, *Jamiaca Inn*, *My Cousin Rachel*, *Frenchman's Creek*, *The House on the Strand*, *The Scapegoat*, *The King's General*, *Mary Anne*, *Don't look now*, and *Rebecca*. One of her novel who gets appreciation is *Rebecca* (1938), she got the National Book Award for the favorite novel at that time.

Furthermore, this novel story tell about dreaming the main character about Manderley. In her dreams, she feels come into the big house, Manderley. She looks around that house. This house Manderley was the famous big house at that time. She got up and feeling happy because she was far away from Manderley. Manderley was the big house that has many bad memories for her and her husband. She with her husband was not talking about Manderley. The bad memories start when she live in Manderley with her husband, she becomes the next wife of Maxim De Winter who has Manderley's House after the first wife died a few years ago. She is happy with her new life firstly. Then, there is someone who had to feel unhappy with her because she is new wife Maxim De Winter. She face some problem. One of the bigs her problem is the late wife, Rebecca. She face some secret about her late wife. She feels her husband still love

her late wife. Once in a day, She feels anxious about her husband when she was taken to the beach with him, her husband suddenly was angry without reason. In other time, she got a problem with the woman who dislikes her, she has Mrs. Danvers the housekeeper. Mrs. Danvers has very disliked her and she always has the bad plan. One day, Mrs. Danvers tell her to jump from the windows of the room in Manderley.

Before she married Maxim De Winter, she becomes a companion to get little money by rich women, Mrs. Van Hopper. Usually, she accompanies her meeting with the rich people. When she accompanies her boss, she meets with Mr. De Winter and she falls in love with him. Finally, she marry with Mr. De Winter (maxim).

This novel tells about the main character who suffers from anxiety. Thus, it is suitable to use psychoanalysis theory by Sigmund Freud, concerning with anxiety and defense mechanism to overcomes her anxiety. Sigmund Freud is very famous to discover. He finds a new system in psychology which is called psychoanalysis. Therefore, this theory is suitable to be used for analyzing this novel. The main character's anxiety in Daphne Du Maurier's Rebecca is chosen to be the title of this study.

Previously, psychoanalysis theory, especially about anxiety is used by some writers who analyze some different novels. The first is Rina Dianita (2008) who analyzes Thomas Harris' The Silence of the Lambs. The second writer is Agus Santoso (2006) who analyzes Emily Bronte's Wuthering Heights. Those people use the same theory to analyze anxiety experienced by one of the characters in each novel. Actually, *Anxiety research has exploded over the past*

few decades, yielding a wealth of new information in multiple domains (Blair, 2010:01). It means that the anxiety research already have a long time. Meanwhile, this study is going to analyze the main character who experiences anxiety in Daphne Du Maurier's *Rebecca*. This study focuses on the topic of the main character's anxiety, because of the main character's anxiety is one of the interesting in the novel. In addition, anxiety is very familiar happened in human life so that anxiety become my choice to be studied for this thesis.

I.2 Statement of The Research Question

Based on the background of the study, this study discusses about The Main Character's Anxiety in Daphne Du Maurier's *Rebecca*. The research questions are:

1. What are the types of Anxiety that happen to the main character in Novel *Rebecca*?
2. How does the main characters overcome her anxiety?

1.3 Objectives of the Study

Based on the statement of the problems above, this study is intended:

1. To explain the type of anxiety those happen to the main character in this novel
2. To explain the way she overcomes her anxiety using the defense mechanism.

1.4 Significance of the Study

This study hoped to be able to provide the theoretical and practical benefit. Theoretically, this study hope to give the better understanding about psychoanalysis, especially about anxiety and defense mechanism in literary works. In addition, this study hope helps other writers to use the theory of the anxiety by using the different source of data. Practically, this study hope to give more information and more knowledge about the theory of anxiety, especially for the students of English Study Program of the University of Trunojoyo Madura who take their concentration in literature. Moreover, this study hope to give significant support to the other writers.

1.5 Scope and Limitation of the Study

The scope of this study is about psychoanalysis, particularly about the theory of anxiety and defense mechanism of anxiety . The limitation of this study is the utterances of the main character which is reflected and connected to anxiety and defense mechanism in the novel, *Rebbeca* by *Daphne Du Maurier*.