

Nurfika Afifah. 2026. *Konflik Batin Tokoh Utama Dalam Novel Kata Sandi Karya Dian Yustyaningsih dan Relevansinya dengan Pembelajaran Bahasa Indonesia Kelas XII SMA*. Skripsi, Program Studi Pendidikan Bahasa dan Sastra Indonesia, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Trunodjoyo Madura. Pembimbing: Arief Setyawan, S.Pd., M.Pd.

ABSTRAK

Penelitian ini mengkaji konflik batin tokoh utama dalam *novel Kata Sandi* karya Dian Yustyaningsih dengan menggunakan pendekatan psikologi sastra. Adapun tujuan penelitian ini adalah untuk mendeskripsikan konflik batin tokoh utama dalam *novel Kata Sandi* karya Dian Yustyaningsih serta relevansinya dengan pembelajaran sastra di SMA. Penelitian ini menggunakan metode kualitatif dengan pendekatan psikologi sastra. Data dikumpulkan melalui teknik pustaka, baca, catat, dan wawancara. Analisis data dilakukan melalui tahap reduksi data, penyajian data, dan penarikan kesimpulan berdasarkan teori psikoanalisis Sigmund Freud. Hasil penelitian menunjukkan bahwa tokoh utama mengalami berbagai bentuk konflik batin yang berkaitan dengan tekanan emosional dan pergulatan diri, yang dipengaruhi oleh pertentangan antara id, ego, dan superego. Konflik batin yang dialami tokoh utama didominasi oleh perasaan gelisah yang mengakibatkan ketidakstabilan emosi, kebimbangan dalam mengambil keputusan, serta munculnya tekanan batin yang berkelanjutan. Selain itu, hasil penelitian ini relevan dengan pembelajaran sastra di SMA karena dapat membantu peserta didik memahami karakter serta dinamika psikologis tokoh dalam karya sastra.

Kata Kunci: konflik batin, psikologi sastra, novel, tokoh utama, *psikoanalisis Freud*.

Nurfika Afifah. 2026. *The Main Character's Inner Conflict in Dian Yustyaningsih's Novel Kata Sandi and Its Relevance to Indonesian Language Instruction in 12th Grade High School*. Thesis, Indonesian Language and Literature Education Program, Faculty of Teacher Training and Education, Trunodjoyo University of Madura. Advisor: Arief Setyawan, S.Pd., M.Pd.

ABSTRACT

*This study examines the inner conflict of the main character in Dian Yustyaningsih's novel Kata Sandi using a literary psychology approach. The objective of this study is to describe the inner conflict of the main character in Dian Yustyaningsih's novel *Kata Sandi* and its relevance to literature education in high school. This study employs a qualitative method with a literary psychology approach. Data were collected through literature review, reading, note-taking, and interviews. Data analysis was conducted through the stages of data reduction, data presentation, and drawing conclusions based on Sigmund Freud's psychoanalytic theory. The results of the study indicate that the main character experiences various forms of inner conflict related to emotional pressure and internal struggle, influenced by the conflict between the id, ego, and superego. The inner conflicts experienced by the main character are dominated by feelings of anxiety, leading to emotional instability, indecision in making decisions, and the emergence of persistent inner pressure. Furthermore, the findings of this study are relevant to high school literature education as they can help students understand the characters and psychological dynamics of figures in literary works..*

Keywords: *inner conflict, literary psychology, novel, main character, Freudian psychoanalysis.*