

ABSTRACT

Syamrotul Nikmah Oktavia. 220511100062. English Study Program. A Psychological Conflict of Takako's Character in Satoshi Yagisawa's "*Days at the Morisaki Bookshop*"

The purpose of the study was to analyze the psychological conflicts experienced by Takako, the main character in Satoshi Yagisawa's novel *Days at the Morisaki Bookshop*. Specifically, this study focuses on the forms of internal conflict reflected in the interactions between the id, ego, and superego based on Sigmund Freud's psychoanalytic theory and Takako's grieving in relation to her psychological conflict by applying the stages of grief proposed by Elisabeth Kubler-Ross and David Kessler.

This study uses qualitative methods as proposed by Creswell and Creswell (2023). The main source of data is the novel itself that focusing on narratives, dialogues, and monologues that describe Takako's thoughts, feelings, and behavior. Data were collected through careful and repeated readings, then grouped based on Freud's theory of the id, ego, and superego, as well as the stages of grief according to Kübler-Ross and David Kessler, such as denial, anger, depression, and acceptance. After that, the data were analyzed interpretively to find patterns of psychological conflict and understand Takako's stages of grief throughout the story.

The results show that Takako experienced three main types of psychological conflict, namely conflict between the id and ego, ego and superego, and id and superego, and indicate that the id and ego are more dominant. In addition, the main character goes through four stages of grief, namely denial, anger, depression, and acceptance. These results indicate that her psychological conflicts not only cause emotional suffering but also help her grow, become more self-aware, and develop as an individual.

Keyword: *psychological conflict, stages of grief, Sigmund Freud, Elisabeth Kubler-Ross and David Kessler, Days at the Morisaki Bookshop*

ABSTRAK

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Tujuan penelitian ini adalah untuk menganalisis konflik psikologis yang dialami oleh Takako, tokoh utama dalam novel *Days at the Morisaki Bookshop* karya Satoshi Yagisawa. Secara khusus, penelitian ini berfokus pada bentuk-bentuk konflik internal yang tercermin dalam interaksi antara id, ego, dan superego berdasarkan teori psikoanalitik Sigmund Freud, serta proses berduka Takako dalam kaitannya dengan konflik psikologisnya dengan menerapkan tahapan-tahapan duka yang diusulkan oleh Elisabeth Kubler-Ross dan David Kessler.

Penelitian ini menggunakan metode kualitatif sebagaimana diusulkan oleh Creswell dan Creswell (2023). Sumber data utama adalah novel itu sendiri, yang berfokus pada narasi, dialog, dan monolog yang menggambarkan pikiran, perasaan, dan perilaku Takako. Data dikumpulkan melalui pembacaan yang cermat dan berulang, kemudian dikelompokkan berdasarkan teori Freud tentang id, ego, dan superego, serta tahapan duka menurut Kübler-Ross dan David Kessler, seperti penolakan, kemarahan, depresi, dan penerimaan. Setelah itu, data dianalisis secara interpretatif untuk menemukan pola konflik psikologis dan memahami pemulihan emosional Takako sepanjang cerita.

Hasil penelitian menunjukkan bahwa Takako mengalami tiga jenis konflik psikologis utama, yaitu konflik antara id dan ego, ego dan superego, serta id dan superego, dan menunjukkan bahwa id dan ego lebih dominan. Selain itu, karakter utama mengalami empat tahap pemulihan emosional, yaitu penolakan, kemarahan, depresi, dan penerimaan. Hasil ini menunjukkan bahwa konflik psikologisnya tidak hanya menyebabkan penderitaan emosional tetapi juga membantunya tumbuh, menjadi lebih sadar diri, dan berkembang sebagai individu.

Kata kunci: *konflik psikologis, tahapan-tahapan kedukaan, Sigmund Freud, Elisabeth Kubler-Ross dan David Kessler, Days at the Morisaki Bookshop*