

ABSTRACT

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xviii + 131 Pages + 21 Appendixes.

The aims of this study to determine the self-efficacy influences of athlete futsal students university of trunojoyo madura for the highest level performance. The methods of this study is used by quantitative methods in 2 (two) scales of self-efficacy 25 total items and the highest performance totals 25 statements. This study is uses 45 samples of athletes futsal students University Trunojoyo Madura based on the criteria of active students who are joined of Unit Student Activity (UKM) Taruna Jaya and the prioritizing to athletes futsal in championships between Universities is represented. The sample collection is used by *purposive sampling*. Statistical test is used by simple regression test of SPSS *for Windows* version 21.0 assistance. The result of the research is used simple regression test shows that **raccount** is influences between self-efficacy and the highest performance is **0.328**. The number shows of positive influences between self-efficacy and the highest performance of athlete's futsal students University Trunojoyo of Madura. A significant scores of **0,000** indicated a significant influences. Because **0.000 < 0.05** it is stated that the hypothesis is accepted, it can be concluded that there is a significant influences between self-confidence for the highest level performance athlete's futsal students University Trunojoyo of Madura.

Keywords: Self-Confidence, The Highest Level Performance, Athlete's Futsal

Bibliography: (1997-2015)

ABSTRAK

Nurul Amin, 130541100069. Pengaruh Keyakinan Diri Terhadap Penampilan Puncak Atlet Futsal Mahasiswa Universitas Trunojoyo Madura. Program Studi Psikologi. Fakultas Ilmu Sosial dan Ilmu Budaya. Universitas Trunojoyo Madura. 2017.

Penelitian ini bertujuan untuk mengetahui pengaruh keyakinan diri terhadap penampilan puncak atlet futsal mahasiswa Universitas Trunojoyo Madura. Metode penelitian ini menggunakan metode kuantitatif dengan 2 (dua) skala yaitu skala keyakinan diri dan skala penampilan puncak. Penelitian ini menggunakan 45 sampel atlet futsal mahasiswa Universitas Trunojoyo Madura dengan kriteria mahasiswa aktif yang tergabung dalam Unit Kegiatan Mahasiswa (UKM) Taruna Jaya dan mengutamakan atlet futsal yang mewakili kejuaraan antar Universitas. Teknik pengambilan sampel menggunakan *purposive sampling*. Uji statistik menggunakan uji regresi sederhana dengan bantuan SPSS *for windows* versi 21.0. Hasil penelitian ini menunjukkan bahwa terdapat pengaruh yang signifikan antara keyakinan diri terhadap penampilan puncak atlet futsal dengan nilai signifikan sebesar 0.000 ($0.000 > 0.05$) dan terdapat nilai koefisien regresi sebesar 0.486 (positif). Hal ini dapat diasumsikan bahwa semakin tinggi keyakinan diri atlet futsal, maka semakin tinggi pula penampilan puncak atlet futsal tersebut, begitupun sebaliknya. Kontribusi yang diberikan oleh variabel keyakinan diri terhadap penampilan puncak atlet menunjukkan nilai $R\ Squares\ 0.328$ dipersentasikan $(0.328 \times 100) = 32,8\%$. Artinya kontribusi atau sumbangan efektif keyakinan diri terhadap penampilan puncak atlet futsal sebesar 32,8% sedangkan sisanya (67,2%) dipengaruhi oleh faktor lain.

Kata Kunci : Keyakinan Diri, Penampilan Puncak, Atlet Futsal

Daftar Pustaka : (1997-2015)