

CHAPTER I

INTRODUCTION

This chapter presents background of the study, statements of research problem, objectives of the study, significance of the study, and scope and limitation. Those are necessary to be explained because they are provide important information about this study.

1.1 Background of The Study

Literature is usually known as human's imaginative and creative activities. As Renne Wellek argues that the term "Literature" seems best if we limit it to the art of literature, which is to imaginative literature. Therefore, sometimes literature is made by the author through the phenomenon of society life, for example in term of psychological. This problem has relationship with human's behavior in their lives. Appropriate with the quotation that Literature is a mirror of real life, there are many literary works such as novel, poetry, prose, and short story that telling about human life. Talking about human life its relation with the physical and behavior of someone else, especially someone who confused about his choice or worried something happened in his life. Actually the theory of literature that tells about human mind is psychoanalysis theory.

Psychoanalysis can be explained as a system of psychological theory and therapy which aims to treat mental disorders by investigating the interaction of conscious and unconscious elements in the mind and bringing repressed fears and conflicts into the conscious mind (pearsal, 1999).

Man and women have many differences. Beside different in psychical term, they are also different in emotional terms. Compared with men, women are more likely use feelings than logic in particular case. Women are an individuality who more often used their heart and feelings than logic in all of situation. Women sensitivity which bigger than man makes them have anxious feeling that lead to the bad psychic. Women tend to have more active limbic system than men. One of the impact that makes women have higher level of depression than men because of women have unstable hormone, such as when they are in pre menstruation condition, their emotional will be more active. They will more susceptible to feel sad or angry without any certain reason, and sometimes they are also feels anxious. There are many terms of psychoanalytic theory, but in this study the writer focuses in the term of anxiety.

Basically, anxiety is a natural thing that can be experienced by everyone. But generally, women are easier to feel anxious than man. Especially, if there is someone in uncomfortable environment, bad situation and condition, it is easier for woman to feel afraid or anxious. Actually when some people in a bad situation, such as worrying about something, therefore they feel anxious. Generally, anxiety is caused by nervousness, fear, worriying and apprehension. More anxiety someone has, they will have more fear and worries than before. Novel as s literary form is a reflection of the reality that happen and the actors is considered as the characters. In this opportunity the writer choose a novel to be analyze. Novel is literary work that reflection of a society that is created by the author through the conflicts that is experienced by the characters.

One of the novel is *If I Stay* written by Gayle Forman. Actually there are many novels that telling about anxiety such as *The Time of My Life* by Cecilia Ahern, *Every Last One* by Anna Quindlen, *A Great and Terrible Beauty* by Libba Bray. But in this study the writer uses *If I Stay* novel by Gayle Forman. Gayle Forman is known as a writer of novels in American that has young adult (adolescent) genre. Forman's novel can be regarded as a successful novel because it gets amazing achievement. It has won NAIBA book of the Year Awards in 2009 and Indie Choice Honor Award in 2010.

This novel tells about a main character that makes the story becomes interesting to read, her name is Mia Hall. She is seventeen years old who has been involved in a tragic car accident. She has a personality disorder when she realizes about her existence in different world. So that is make Mia was anxious and confused what happened with her body, she always ask herself if I stay. Therefore she can see her own body in a coma in the hospital. Mia's psychology is disturbed by the questions that if I stay. The situation is trapped between two worlds that is the world of people who are still alive and they who have died. This situation makes Mia feel so anxious because she was felt between alive and death. It becomes the obstruction to Mia to get the happiness of life with the people that she loves, those are her father, mother, brother, best friend, and her boyfriend is Adam. Mia was confused about her problem that is about anxiety that happened in herself, because she cannot decide to choose her choice that is stay or leave.

This study has relation to some studies that had been conducted before, so to prove the originality of this study, the writer wants to present the previous

researcher which have relation with the variety of the research of psychoanalysis theory. For the first one related to this research was done by utari (2007). She discussed *A Psychological Analysis on the Main Character of Robinson Crusoe by Daniel Defoe*. The second one was done by Aina (2008). She discussed *The Analysis of The Psychological factors that influence the Main Character in Danielle Steel's Novel "accident"*.

Anxiety can be analyzed by using psychoanalytic theory because this novel refers to the anxiety that is experienced by main character. The main character's anxiety is dominant in the whole story.

1.2 Research Question

Based on the background of the study, the research question are:

1. What kinds of anxiety experienced by the main character?
2. How do the main character overcome her anxiety?

1.3 Objectives of The Study

Based on the research problem above, the objectives of the study are:

1. To elaborate kinds of anxiety experienced by the main character.
2. To describe how the main character overcome her anxiety.

1.4 Scope and Limitation

The scope of this study is about psychoanalytic criticism that was had by Sigmund Freud, this theory especially anxiety conflict is reflected in Gayle Forman *If I Stay* novel. Then the limitation of this study is the words which are relevant with the data. The data are, Author narration and character's utterances in the novel *If I Stay* by Gayle Forman which indicate the main character anxiety.

1.5 Significance of The Study

The significance of this study is divided into two significances. The first is theoretical significance, and the second is practical significance. Theoretical significance of this study, the writer hopes that this study helps the readers to understand about the application of psychoanalytic theory especially about anxiety in some literary work.

The practical significance of this study, the writer hopes that this study gives reflection to the reader that in this anxiety conflict appears when some people feel fear, anxious, worrying about something such as he or she is caught between life or death. If the reader wants to analyze and understand about anxiety conflict, the reader should study about psychoanalytic theory.