

ABSTRAK

Khoirun Miswa. 180541100032. Hubungan *Self-Efficacy* dengan *Fear of Failure* di Masa *Emerging Adults* pada Lulusan Sarjana yang Belum Bekerja. Skripsi. Program Studi Psikologi, Fakultas Ilmu Sosial dan Ilmu Budaya, Universitas Trunojoyo Madura. 2023.

Penelitian ini bertujuan untuk mengetahui hubungan *self-efficacy* dengan *fear of failure* di masa *emerging adults* pada lulusan sarjana yang belum bekerja. Penelitian ini menggunakan pendekatan kuantitatif dengan teknik *purposive sampling*. Responden dalam penelitian ini adalah lulusan sarjana yang belum bekerja dengan jumlah 97 responden. Instrumen dalam penelitian ini adalah skala *self-efficacy* dan skala *fear of failure*. Analisis yang digunakan dalam penelitian ini adalah uji analisis korelasi yaitu uji *Spearman Rank* dengan bantuan program SPSS 24 for Windows. Hasil penelitian ini menunjukkan nilai signifikansi sebesar 0,000 lebih kecil 0,01 ($0,000 < 0,01$). Artinya hipotesis diterima yaitu terdapat hubungan *self-efficacy* dengan *fear of failure* di masa *emerging adults* pada lulusan sarjana yang belum bekerja.

Kata Kunci: *Self-Efficacy, Fear of Failure, Emerging Adults, Lulusan Sarjana yang Belum Bekerja*

ABSTRACT

Khoirun Miswa. 180541100032. The Relationship Between Self-Efficacy and Fear of Failure in Emerging Adults in Unemployed Graduates. Psychology Study Program, Faculty of Social and Cultural Sciences, Trunojoyo University, Madura, 2023.

This study aims to determine the relationship between self-efficacy and fear of failure in emerging adults among unemployed undergraduate graduates. This study used a quantitative approach with a purposive sampling technique. Respondents in this study were undergraduate graduates who had not worked with a total of 97 respondents. The instruments in this study are the self-efficacy scale and the fear of failure scale. The analysis used in this study is the correlation analysis test, namely the Spearman Rank test with the help of the SPSS 24 for Windows program. The results of this study indicate a significance value of 0.000 less than 0.01 ($0.000 < 0.01$). This means that the hypothesis is accepted, namely that there is a relationship between self-efficacy and fear of failure in emerging adults in undergraduate graduates who are not yet working.

Keywords: *Self-Efficacy, Fear of Failure, Emerging Adults, Unemployed Graduate*