

ABSTRACT

Afiyah Nurisnaini. 150541100096. Psychology Study Program. Coping Strategies relationship with Psychological Well Being in the Elderly Inmates in Prison Class I Surabaya + 93 pages+ 51 page appendix.

This study aims to determine the relationship of coping strategies with psychological well being in elderly prisoners class I correctional facilities in Surabaya. The subjects of this research study were 40 elderly prisoners. This research was conducted using total sampling. The data collection in this study used a questionnaire of two types of scales, there are the coping strategy scale and the psychological well being scale. The data analysis method is done by Pearson product moment correlation test using SPSS statistics 23.0 for Windows. The results of this research showed that the Pearson product moment correlation test obtained a significance level of 0.001 ($p < 0.05$), which means that there is a relationship between coping strategies with psychological well being on elderly inmates in prisons class I Surabaya. In this study showed a coefficient of 0.518, the direction of the coping strategy relationship with the psychological well being variable showed a positive correlation coefficient.

Keywords: Coping Strategies, Psychological Well Being, Elderly Prisoners

ABSTRAK

Afiyah Nurisnaini. 150541100096. Program Studi Psikologi. Hubungan Strategi *Coping* dengan *Psychological Well Being* pada Narapidana Lansia di Lembaga Pemasyarakatan Kelas I Surabaya + 93 Halaman + 51 Lampiran.

Penelitian ini bertujuan untuk mengetahui hubungan strategi coping dengan psychological well being pada narapidana lansia di lembaga pemasyarakatan kelas I Surabaya. Subjek dalam penelitian ini berjumlah 40 narapidana lansia. Penelitian ini dilakukan dengan menggunakan teknik total sampling. Pengumpulan data dalam penelitian ini menggunakan kuesioner dari dua jenis skala yaitu skala strategi coping dan skala psychological well being. Metode analisis data dilakukan dengan uji korelasi pearson product moment dengan menggunakan bantuan SPSS statistics 23.0 For Windows. Hasil penelitian ini menunjukkan bahwa pada uji korelasi pearson product moment diperoleh taraf signifikansi sebesar 0,001 ($p < 0,05$) yang berarti terdapat hubungan antara strategi coping dengan psychological well being pada narapidana lansia di lapas kelas I Surabaya. Dalam penelitian ini menunjukkan nilai koefisien 0,518, arah hubungan strategi coping dengan variabel psychological well being menunjukkan koefien korelasi yang bersifat positif.

Kata kunci: Strategi *Coping*, *Psychological Well Being*, Narapidana Lansia