

ABSTRAK

Yasmine Al Firdausy. 210541100062. Program Studi Psikologi.
Gambaran *Adversity Quotient* pada Siswa Disabilitas Berprestasi di SLB Lavender Bangkalan.

Penelitian ini bertujuan untuk menggambarkan *adversity quotient* yang dimiliki oleh siswa disabilitas berprestasi di SLB Lavender Bangkalan dalam menghadapi berbagai tantangan, terutama saat mengikuti kompetisi di bidang non-akademik. *Adversity quotient* terdiri dari empat aspek utama, yaitu kontrol, asal-usul dan pengakuan, jangkauan, dan daya tahan.

Penelitian ini menggunakan pendekatan kualitatif dengan rancangan studi kasus. Subjek penelitian adalah siswa disabilitas berprestasi yang dipilih melalui teknik *purposive sampling*. Pengumpulan data dilakukan melalui wawancara dan triangulasi sumber dengan guru pendamping untuk menguji keabsahan data, dan dianalisis menggunakan model analisis studi kasus dari Stake.

Hasil penelitian menunjukkan bahwa setiap siswa memiliki bentuk *adversity quotient* yang unik, yang memengaruhi cara mereka dalam merespons tekanan, kegagalan, dan kesulitan. Meskipun faktor yang memengaruhi *adversity quotient* berbeda-beda, *adversity quotient* terbukti memainkan peran penting dalam proses mereka untuk bertahan, berkembang, dan meraih prestasi.

Kata kunci: *adversity quotient*, siswa disabilitas, berprestasi, kontrol, asal usul & pengakuan, jangkauan, daya tahan

ABSTRACT

Yasmine Al Firdausy. 210541100062. Psychology Study Program. A Description of Adversity Quotient in High-Achieving Students with Disabilities at SLB Lavender Bangkalan.

This study aims to describe the adversity quotient possessed by high-achieving students with disabilities at SLB Lavender Bangkalan in facing various challenges, especially in the context of non-academic competitions. adversity quotient comprises four key dimensions: control, origin and ownership, reach, and endurance.

The research employed a qualitative approach with a case study design. Participants were selected through purposive sampling and consisted of students with disabilities who had achieved notable accomplishments. Data were collected through interviews and validated using source triangulation involving each student's accompanying teacher. Data were analyzed using Stake's case study analysis model.

The findings indicate that each student demonstrated a unique form of adversity quotient, which influenced how they responded to stress, setbacks, and difficult situations. Although the contributing factors varied for each individual, adversity quotient proved to play a crucial role in helping them endure challenges, persist through adversity, and ultimately succeed. This study emphasizes the importance of recognizing adversity quotient as a psychological asset in the development and achievement of students with disabilities.

Keywords: *adversity quotient, students with disabilities, achievement, control, origin & ownership, reach, endurance*