

Kholifatul Jannah. 130321100079. Pola Konsumsi Pangan Mahasiswa Asrama Putra Universitas Trunojoyo Madura. Dibawah bimbingan Setiani, SP., MP.

ABSTRAK

Penelitian ini bertujuan untuk mengetahui pola konsumsi pangan dan faktor-faktor yang mempengaruhi pola konsumsi pangan mahasiswa asrama putra UTM. Penentuan lokasi secara sengaja (purposive). Teknik pengambilan sampel secara insidental sampling dengan jumlah sampel sebanyak 64 mahasiswa asrama yang diperoleh dengan menggunakan metode slovin. Data dianalisis menggunakan analisis deskriptif, PPH dan Regresi Linier berganda. Hasil analisis PPH menunjukkan AKE mahasiswa putra sebesar 2.319,43 kkal dan skor PPH 65,98. Hasil analisis regresi menunjukkan faktor-faktor yang berpengaruh positif terhadap pola konsumsi pangan mahasiswa asrama putra UTM yaitu uang saku dan keikutsertaan organisasi, sedangkan variabel berat badan, umur, semester, asal, dan letak lantai kamar tidak memiliki pengaruh terhadap pola konsumsi pangan mahasiswa asrama putra UTM.

Kata kunci: Mahasiswa, Pola Konsumsi Pangan, PPH, AKE

Kholifatul Jannah. 130321100079. Food Consumption Patterns Of Male Dormitory Students at University of Trunojoyo Madura. Supervised by Setiani, SP., MP.

ABSTRACT

This study aims to know the patterns of food consumption and factors which influence consumption patterns of male dormitory students at University of Trunojoyo Madura. The determination of location is intentionally (purposive). The technique of taking sampling is incidental sampling with the numbers of sample are 64 dormitory students which are obtained by using slovin method. The analysis of data uses analysis descriptively PPH and Multiple linier Regression. The result of PPH shows that AKE of male students are 2.319,43 kkal and score PPH 65,98. The results of regression analysis show the factors which have positive effect toward food consumption pattern of male students University of Trunojoyo Madura that are packet money and organizational participation. Whereas the variable weigh, age, semester, origin and location of the room floor have no influence toward food consumption patterns male dormitory students at University of Trunojoyo Madura.

Key words: Student, Patternof food Consumption, PPH, AKE