

ABSTRAK

Nurul Qomariyah. 210541100106. Pengaruh Dimensi *Big Five personality* Terhadap Resiliensi Akademik pada Mahasiswa Fakultas Teknik Universitas Trunojoyo Madura. Program Studi Psikologi, Fakultas Ilmu Sosial dan Ilmu Budaya, Universitas Trunojoyo Madura, 2025.

Berdasarkan data di lapangan, Fakultas Teknik merupakan fakultas dengan jumlah mahasiswa belum lulus terbanyak di Universitas Trunojoyo Madura jika dibandingkan dengan fakultas lainnya. Dari seluruh program studi di Fakultas Teknik, Teknik Informatika mencatat jumlah mahasiswa belum lulus paling tinggi. Penelitian ini bertujuan untuk melihat pengaruh dimensi *big five personality* terhadap resiliensi akademik pada mahasiswa Fakultas Teknik Universitas Trunojoyo Madura. Penelitian ini menggunakan metode kuantitatif dengan desain korelasi kausal. Subjek Penelitian dalam penelitian ini berjumlah 208 mahasiswa menggunakan *purposive sampling* sebagai teknik pengambilan sampelnya, dengan kriteria 1) subjek merupakan mahasiswa Universitas Trunojoyo Madura, 2) mahasiswa Program Studi Teknik Informatika 3) mahasiswa semester II-VI. Instrumen pengumpulan data yang digunakan yaitu skala *The Academic Resilience Scale* (ARS-30) yang telah diadaptasi ke dalam bahasa Indonesia oleh Kumalasari et al dengan nilai reliabilitas 0,891. (2020) dan skala BFI (*Big Five Inventory*) yang dikembangkan oleh John (1990) dan telah diadaptasi ke dalam bahasa dan budaya Indonesia oleh Ramdhani (2012) dengan nilai reliabilitas yang berkisar 0,70 hingga 0,79. Analisis data dilakukan menggunakan uji regresi linear sederhana dengan memperoleh hasil pada dimensi *openness to experience* nilai $F=49,354$ dan $p<0,05$, dimensi *conscientiousness* nilai $F=67,346$, $p<0,05$, dimensi *extraversion* nilai $F=43,310$ dan $p<0,05$, dimensi *agreeableness* nilai $F=38,595$, $p<0,05$, dan dimensi *neuroticism* nilai $F=13,811$, $p<0,05$, yang berarti hipotesis penelitian diterima. Temuan ini mengindikasikan bahwa karakteristik kepribadian berperan penting dalam membentuk resiliensi akademik mahasiswa, sehingga penting bagi fakultas khususnya program studi Teknik Informatika untuk memperhatikan pengembangan karakteristik kepribadian mahasiswa sebagai upaya meningkatkan resiliensi akademik.

Kata Kunci: *Big Five Personality, Resiliensi Akademik, Mahasiswa Fakultas Teknik*

ABSTRACT

Nurul Qomariyah. 210541100106. *The Effect of Big Five personality Dimensions on Academic Resilience in Engineering Students of Trunojoyo Madura University. Psychology Study Program, Faculty of Social and Cultural Sciences, Trunojoyo University Madura, 2025.*

Based on field data, the Faculty of Engineering is the faculty with the highest number of students who have not yet graduated at Trunojoyo University Madura when compared to other faculties. Of all the study programs in the Faculty of Engineering, Information Technology has the highest number of students who have not yet graduated. This study aims to examine the influence of the Big Five personality dimensions on academic resilience among students in the Faculty of Engineering at Trunojoyo University Madura. This study employs a quantitative method with a causal correlation design. The research subjects consist of 208 students using purposive sampling as the sampling technique, with the following criteria: 1) the subjects are students of Trunojoyo University Madura, 2) students of the Computer Science program, 3) students in semesters II-VI. The data collection instrument used The Academic Resilience Scale (ARS-30), which has been adapted into Indonesian by Kumalasari et al with a reliability value of 0.891. (2020) and the BFI (Big Five Inventory) scale developed by John (1990) and adapted into Indonesian language and culture by Ramdhani (2012) with reliability coefficients ranging from 0.70 to 0.79. Data analysis was conducted using simple linear regression analysis, yielding results for the openness to experience dimension with $F=49.354$ and $p<0.05$, the conscientiousness with $F=67.346$, $p<0.05$, the extraversion dimension with $F=43.310$ and $p<0.05$, the agreeableness dimension with $F=38.595$, $p<0.05$, and the neuroticism dimension with $F=13.811$, $p<0.05$, indicating that the research hypothesis is accepted. These findings indicate that personality characteristics play an important role in shaping students' academic resilience, so it is important for the faculty, especially the Computer Science program, to pay attention to the development of students' personality characteristics as an effort to enhance academic resilience.

Keywords: Big Five Personality, Academic Resilience, Engineering Faculty Students