

Vina Liyah Diana. 2025. *Pengaruh Model Pembelajaran Teams Games Tournament (TGT) terhadap Keterampilan Berpikir Kritis dan Self Confidence Siswa SMP*. Skripsi, Program Studi Pendidikan IPA, Fakultas Keguruan dan Ilmu Pendidikan. Universitas Trunojoyo Madura. Pembimbing: Mochammad Yasir.

ABSTRAK

Penelitian ini bertujuan untuk mengidentifikasi pengaruh penerapan model *Teams Games Tournament* (TGT) terhadap keterampilan berpikir dan juga *self confidence* (Kepercayaan Diri) siswa SMP. Penelitian dilaksanakan di UPTD SMP Negeri 1 Sepulu pada Tahun Ajaran 2024/2025. Pendekatan yang digunakan dalam penelitian yaitu *quasi experimental design* dengan rancangan *nonequivalent control group design*. Populasi penelitian yaitu seluruh siswa kelas VIII. Teknik pengambilan sampel penelitian ini menggunakan *random sampling*. Sampel yang digunakan yaitu kelas VIII A sebagai kelas eksperimen dan kelas VIII B sebagai kelas kontrol. Pengumpulan data dilakukan melalui tes keterampilan berpikir kritis, angket *self confidence*, dan observasi keterlaksanaan pembelajaran. Hasil penelitian menunjukkan bahwa: 1) Terdapat perbedaan yang signifikan pada keterampilan berpikir kritis siswa di kelas kontrol (44,29; kategori sedang) dan kelas eksperimen (68,28; kategori tinggi). 2) Peningkatan keterampilan berpikir kritis siswa yang mengikuti pembelajaran model TGT lebih tinggi dibandingkan kelas kontrol yang mengikuti pembelajaran konvensional (ceramah). 3) Terdapat perbedaan yang signifikan *self confidence* siswa di kelas kontrol (68,61; kategori kuat) dan kelas eksperimen (73,24). 2) Peningkatan *self confidence* siswa yang mengikuti pembelajaran model TGT lebih tinggi (0,14) daripada kelas kontrol (0,05) yang mengikuti pembelajaran konvensional (ceramah). 3) Keterlaksanaan pembelajaran diperoleh rata-rata sebesar 95% dengan kategori sangat baik.

Kata kunci: Model *Teams Games Tournament* (TGT), Keterampilan Berpikir Kritis, *Self Confidence*

Vina Liyah Diana. 2025. *The Effect of the Teams Games Tournament (TGT) Learning Model on Critical Thinking Skills and Self-Confidence of Junior High School Students*. Thesis, Science Education Study Program, Faculty of Teacher Training and Education, Trunojoyo University, Madura. Advisor: Mochammad Yasir.

ABSTRACT

This study aims to identify the effect of the Teams Games Tournament (TGT) model on the thinking skills and self-confidence of junior high school students. The study was conducted at the UPTD of SMP Negeri 1 Sepulu in the 2024/2025 academic year. The approach used in the study was a quasi-experimental design with a nonequivalent control group design. The study population was all eighth grade students. The sampling technique for this study used random sampling. The sample used was class VIII A as the experimental class and class VIII B as the control class. Data collection was carried out through critical thinking skills tests, self-confidence questionnaires, and observations of learning implementation. The results of the study showed that: 1) There was a significant difference in students' critical thinking skills in the control class (44.29; medium category) and the experimental class (68.28; high category). 2) The increase in critical thinking skills of students who participated in the TGT model learning was higher than the control class who participated in conventional learning (lectures). 3) There is a significant difference in students' self-confidence in the control class (68.61; strong category) and the experimental class (73.24). 2) The increase in students' self-confidence who followed the TGT learning model was higher (0.14) than the control class (0.05) who followed conventional learning (lecture). 3) The implementation of learning was obtained on average at 95% with a very good category.

Keywords: *Teams Games Tournament (TGT) Model, Critical Thinking Skills, Self Confidence*