

## **CHAPTER 1**

### **INTRODUCTION**

#### **1.1 Background of Study**

In reality, humans are among the living things whose everyday lives are highly influenced by psychological factors. Psychology is the study of the processes of behavior and the human environment and the science that observes all the processes of the human psyche specifically (Sanderson & Huffman, 2019:2). So, psychology is a mental process that is owned by every human being to support his/her life and even to survive. One of psychological aspect that can support human life is motivation. As stated by Simpson and Balsam (2015:1) that “Motivation, defined as the energizing of behavior in pursuit of a goal, is a fundamental element of our interaction with the world and with each other”.

The meaning of motivation itself is a desire or encouragement from within and from others to fulfill a desired achievement to reach a dream (Ryan & Deci, 2000). It means that motivation is very important for everyone so that humans have a reason to do an actions in his/her life. One of the simple motivations is the motivation to stay alive, just to keep working and looking for food, drink and other necessities of life. Meanwhile, a big motivation is when someone has the motivation to reach their biggest dreams, such as to be a happy person, to have something expensive and valuable, to have someone that really loved or even to get the position and power. It is depend on the needs, desires and passions of the person concerned.

The needs of each human being themselves have differences because their environments are different. The environment greatly affects a person's psychology as well as one's motivation, needs and desires, apart from the influence from within oneself. What affects a person's motivation is from within oneself and from outside such as the influence of other people and the influence of the environment. As stated by Huffman, et al. (2009:401) “There are two forms of motivation that

affect achievement: intrinsic motivation and extrinsic motivation". Therefore, this theory will be used to analyse in this study.

Meanwhile, according to Atkinson, et al. (1983:314) "Motivation refers to the factors that energize and direct behavior". It means that motivation greatly influences the actions taken by a person as well as an excuse that directly makes a person have the enthusiasm to achieve the goal. Therefore, motivation is very important and really helps a person in many ways and also will guide someone in every step of the way. Motivation is not only appear in real life, but also someone's motivation in literary work like in a novel for example.

A novel entitled *Disney Aladdin* that was written by Elizabeth Rudnick is interesting to be source of data of this study. The writer chose this novel because there is a lot of motivation shown by the characters in the novel, especially the strong motivations of Aladdin and Princess Jasmine. In addition, this novel is a fantastic new version to retell the tale of Aladdin.

Aladdin is a main character who is told as a poor man and an ordinary person who has a dream of becoming a prince and can marry a princess from a Kingdom namely Princess Jasmine. It was a dream that would not happen. But in Aladdin's story it can be happened and his dream came true. Then, Aladdin found a magic lamp that when rubbed is come out a Genie. And the Genie granted all requests from Aladdin. In addition, Aladdin's story tells us that there is a magic carpet that can fly and can deliver wherever Aladdin wants to go. Furthermore, the Princess Jasmine also has the motivation and ambition to reach her dreams as a Sultan in the Kingdom of her father even though a Sultan must be a man. But at the end of the story, Princess Jasmine succeeded in replacing her father as the Sultan.

However, there are many previous studies using psychology and literature, particularly about motivation or ambition by several writers who analyze several different source of data. The first writer is Enggar Dini (2005) who analyze *Samantha's Struggle to Reach Happiness in Elizabeth Berg's Open House*. She focuses on the topic of Samantha's and her mother ambition and motivation. There are two problems to be analyzed in her study, to find out Samantha's

motivation to reach her happiness in Elizabeth Berg's *Open House* and to describe the ways Samantha's struggle to her life in Elizabeth Berg's *Open House*.

The second writer is Helen Monica (2008) who analyze *The Main Character's Motivation in Saving Viscos as Seen in Paulo Coelho's The Devil and Mis Prym*. She focuses on the topic about the main character's motivation in saving Viscos. There are two problems to be analyzed in her study, to find out the problem faced by Viscos village and to find out Chantal's motivation in saving Viscos village.

The third researcher is Sri Zuliatur Kartini (2013) who analyze *An Analysis of Kino's Motivation in Saving The Pearl in The Pearl Novel by John Steinbeck*. She focuses on Kino's motivation as the main character. This study started with two statements of problem; those are what Kino's motivation in saving the Pearl in "The Pearl" novel by John Steinbeck are and what Kino's efforts in saving the Pearl in "The Pearl" novel by John Steinbeck are.

The fourth writer is Lia Damayanti (2016) who analyze *The Motivation of The Main Character to Cherish Their Life as Seen in John Green's The Fault in Our Stars*. She focuses on the motivation of both Augustus Waters and Hazel Grace to cherish their life. There are two formulated problems to analyze the motivation of the main characters. The First is to find out the characteristic of the main characters in the novel. The second is to find out the motivation of the main characters to cherish the life.

The fifth writer is Nailul Fauziyah (2008) who analyze *Psychological Analysis of The Main Character's Personality in Go Ask Alice*. She focuses on the personality of the main character. And the purpose of her study are to know how the aspects of the main character's personality portrayed in novel and to know how the main character's personality is viewed from Abraham Maslow's theory.

And the last writer is Dewi Mutiara Indah Ayu (2017) who analyze *An Analysis of The Motivation Reflected by The Main Characters In The Movie "42" And its Personality Influence*. She focuses on the motivation of the main characters in the movie "42" which is the effort of Jackie and Rickey make in

order to fulfill the needs and to analyze the influence of personality on motivation of the main characters.

Unlike the research mentioned above, the case of Aladdin and Princess Jasmine has a lot of aspects of motivation that will be explained in the next chapter of the study. Based on that point, the writer decides to analyze the novel using motivation theory by Huffman as the main focus of this research.

## **1.2 Research Questions**

Based on the focus of the study, the main questions would be foregrounded as follows:

1. What are Aladdin and Princess Jasmin's motivations to reach their dreams in *Disney Aladdin* novel?
2. How do Aladdin and Princess Jasmine's struggle to reach their dreams in *Disney Aladdin* novel?

## **1.3 Objectives of Study**

Based on the research questions above, the study has objectives as follows:

1. To identify Aladdin and Princess Jasmine's motivation to reach their dreams in *Disney Aladdin* novel.
2. To identify Aladdin and Princess Jasmine's struggles to reach their dreams in *Disney Aladdin* novel.

## **1.4 Significance of Study**

There are two kinds of significance: theoretical and practical significance. Those are :

1. Theoretically, this research is expected to contribute several advantages. Those are better understanding and development for the literary theory especially in *Disney Aladdin* novel by Elizabeth Rudnick to be added as one of literary study that focuses on motivation theory by Huffman.

2. Practically, the writer hopes this study could enrich the knowledge of the reader to more understand and even development for the literary theory. Especially to give more understanding about psychology and literature, or more precisely about motivation in the literary works. And the purpose of this study is to support people and understanding that motivation can influence a person in reaching his/her goals or dreams.

### **1.5 Scope and Limitation**

This study discuss about the concept of motivation by Huffman. This study analyzes motivation and the efforts of Aladdin and Princess Jasmine in Disney's Aladdin novel by Elizabeth Rudnick. The analysis of this study is limited to the author's narration and the characters' utterances that relate to research questions of this study. There are two research questions in this study that is only describe the motivation of the main characters using theory of motivation by Huffman that consist of intrinsic motivation and extrinsic motivation. Therefore, the next researcher it is suggested to do an analysis using another theory to analyze more deeply and more extensively.