

CHAPTER I

INTRODUCTION

This chapter consists of five subchapters. Those are background of the study, statements of the research problem, objectives of the study, significances of the study, scope and limitation of the study. Those items are explained below.

1.1. Background

Loneliness can be felt by everyone such as teenagers, children, adults regardless of their age. Loneliness can also be interpreted when a person feels left behind and then feels alone in his life (Bevinn, 2011:02). While in reality, there are always problems or causes that can create feelings of loneliness in life. Even when we have friends or when we are surrounded by many people, a feeling of loneliness can be created. According Baron Loneliness is the desire not to have a more intimate relationship with other people (Baron and Byrne, 1991:10). From the opinion expressed by the baron we know that Sometimes some people prefer solitude because they feel uncomfortable in certain environments or they feel pressured when involved with other people. Loneliness does not always mean that we are always alone. When we are in a work group, in a family, or friendship will not determine that we do not feel lonely.

Loneliness can usually occur when there is a change in a social relationship. These changes can affect social relations intentionally or unintentionally. According to (Höllinger and Haller, 1990:103) someone can feel lonely when they don't have anyone around them that can affect social relationships either intentionally or not. However, this is common in social life because each individual will try to adapt to their environment and can provide some positive or negative impact in everyday life.

In a literary work, the topic of loneliness is also often discussed because this topic often occurs in real life. The writer uses a novel entitled *They Both Die At The End* because the writer finds interesting topics to discuss, one of which is the topic of loneliness experienced by the characters in the novel. The novel *They Both Die At The End* was officially published in 2017. This novel

is a New York Times bestseller, School Library Journal Best Book of The Year, Kirkus Best Book of The Year, and Booklist Editors' Choice of 2017. He is also the New York Times best selling author of *More Happy Than Not* (2015) book, *History Is All You Left Me* (2017). and *What If It's Us* (2018). Adam Silvera writes a lot about his novels with strange themes but easy to understand because he presents a story in his novel with a storyline that is easy for readers to understand.

In this novel, Silvera tells about some of the characters and things that happened before they died. He also displays some of the problems experienced by the characters in this novel, one of which is loneliness. *They Both Die At The End* is a novel about a man named Mateo Torrez and Rufus Emeterio who are sentenced to die within 24 hours by Death-Cast. Before they die, they both have problems in their life. Mateo has been lonely in his life after his father was in a coma for two weeks and he has never done anything else in his life. Then it made him join the friend-finding application to cheer up his loneliness. From the application, Mateo and Rufus became acquainted and then they became close. They share with each other. When Mateo met Rufus, he felt less lonely. Mateo joins the Last Friend app which pairs up with other individuals looking for friends on their last days. So, they don't feel lonely anymore. In another time, Rufus also had the same problem. He was in trouble because he had hit his ex's girlfriend named Peck. This made Rufus unable to spend his last day with his friends, Tagoe Hayes and Malcolm Anthony. The two people were friends of Rufus while Rufus was in the orphanage.

When Mateo and Rufus needed each other to cheer up their loneliness while waiting for the time to be picked up by the *Death-Cast*, it turns out that they feel comfortable with each other. The two of them often spend time together like going to karaoke and going to café. They both felt comfortable and expressed their feelings for one another that they need each other. The last of the story of Mateo's character death because he had a fire in his apartment. After Mateo's death Rufus was also devastated. Rufus bids farewell to Mateo's corpse. After Mateo's departure, Rufus always spends his last time watching the videos he took of Mateo to treat his loneliness. Their way of dealing with

loneliness is also the main focus of the writer to be able to analyze the novel by using the theory of loneliness from Rubenstein and Shaver.

The research conducted by the writer is a new study using a novel entitled *They Both Die At The End* using the theory of loneliness. This can be proven by previous study conducted by other people who used a novel entitled *They Both Die At The End* by Adam Silvera as their source of data. First thesis was done by Dewi Nur Masitha (2020) entitled *The Development of Mateo's Homosexual Identity In Adam Silvera's Novel* from Airlangga University. Second thesis was done by Masnuah (2023) entitled *An Analysis of Power Inequality in They Both Die At The End by Adam Silvera* form Trunojoyo University. The writer also shows a previous study that has been previously researched using the same theory, namely the theory of loneliness by Rubensetein and Shaver using a different source of data. First thesis was done by Elysa Noy (2019) *In Analyze of Characters Loneliness Depicted In The Boy In The Strip Pajamas Novel*,thesis from Zahra Suci Nurfatihah (2019) *The loneliness Image in M.Aan Mansyur's Poetry Book There is New York Today*, thesis from yusnita (2013) *Loneliness and Its Impacts in Haruki Murakami's Norwegian Wood* by Maria Yusnita. The previous study that has been described can be taken into consideration by the writer in writing this thesis that the research will be carried out by the writer is a new study using a novel entitled *They Both Die At The End* by Adam Silvera with the theory of loneliness by Rubenstein and Shaver

1.2. Research Questions

Regarding the focus of the study, the main questions will be foregrounded as follows:

1. What are the factors of Mateo's and Rufus's loneliness portrayed in *They Both Die At The End* novel?
2. How do Mateo and Rufus overcome their loneliness as described in *They Both Die At The End* Novel?
3. What is the impact of Mateo's and Rufus's loneliness describe in *They Both Die At The End* Novel?

1.3. Objectives of The Study

According to research questions above, the objectives of the study are to reveal:

1. The factors of Mateo and Rufus loneliness portrayed in *They Both Die At The End* novel.
2. The way Mateo and Rufus overcome his loneliness issue portrayed in *They Both Die At The End* novel.
3. The impact of Mateo and Rufus loneliness portrayed in *They Both Die At The End* novel?

1.4. Significances of The Study

This study is expected to be able to provide some theoretical and practical contributions. Theoretically, this research is expected to give several adventures. First, this research can provide an explanation of how literary works are analyzed using psychological concepts. Second, this research is expected to provide an understanding of the concept of loneliness in a literary work, especially one taken from Adam Silvera's novel. Practically, the writer hopes that this research can help people to understand loneliness that occurs in real life or in a literary work better than before. References from this study can also be used as a reference in research on literary works that use the theory of loneliness.

1.5. Scope and Limitation

The scope of this study is loneliness theory by Adam Silvera that will be used to analyze the loneliness of two main characters namely Rufus Emeterio and Mateo Torrez in *They Both Die At The End* Novel by Adam Silvera. In addition this study also limited the two main characters utterances and narration in which to loneliness between two main characters to answer the formulated of research question.