

ABSTRAK

Defani Shelfanadyah. 140541100049. Hubungan *Adult Attachment Style* Dengan Kepuasan Pernikahan Hubungan Jarak Jauh. Skripsi. Program Studi Psikologi. Fakultas Ilmu Sosial Dan Ilmu Budaya, Universitas Trunojoyo Madura. 2019. Xvi + 79 Halaman, 96 Lampiran.

Penelitian ini bertujuan untuk mengetahui hubungan antara *adult attachment style* dan Kepuasan pernikahan hubungan jarak jauh. Penelitian ini menggunakan pendekatan kuantitatif. Sampel dalam penelitian ini adalah suami/istri yang menjalani hubungan jarak jauh di Kabupaten Bangkalan yang telah memiliki anak dan memiliki intensitas bertemu dengan pasangan maksimal satu bulan sekali. Jumlah sampel dalam penelitian ini sebanyak 140 orang. Pengambilan sampel menggunakan teknik *purposive sampling (non-probability sampling)*. Instrumen dalam penelitian ini adalah skala *adult attachment style* dan skala kepuasan pernikahan *Enrich marital inventory* yang diadopsi dari Putri (2018) . Analisa data yang digunakan adalah uji korelasi *spearman rank* dengan menggunakan bantuan program SPSS (*statistical product and service solution*) 23.0 for windows. Hasil penelitian ini menunjukkan bahwa terdapat hubungan yang positif dan signifikan antara *adult attachment style* dan kepuasan pernikahan hubungan jarak jauh ($R=0,398$) dan signifikansi *probability* 0,000 ($0,000 < 0,05$) yang artinya hipotesis diterima, oleh karena itu ada hubungan antara *adult attachment style* dan kepuasan pernikahan hubungan jarak jauh. Besarnya kontribusi atau sumbangan efektif antara *adult attachment style* dan kepuasan pernikahan hubungan jarak jauh sebesar 15,8% sedangkan sisanya 84,2% dipengaruhi oleh faktor lain yang tidak diukur dalam penelitian ini.

Kata kunci : *adult attachment style, kepuasan pernikahan hubungan jarak jauh*
Daftar Pustaka : 38 (2000-2018)

ABSTRACT

Defani Shelfanadyah. 140541100049. Relationship Between Adult Attachment Style And Marriage Satisfaction Long Distance Relationships. Thesis. Psychology Study Program. Faculty of Social and Cultural Sciences, Trunojoyo Madura University. 2019. Xvi + 79 Pages, 96 Attachment.

This study aims to determine the relationship between adult attachment style and satisfaction of long-distance marriages. This study uses a quantitative approach. The sample in this study was a husband/wife with long distance relationship in Bangkalan district that already had children and only meet their partner once a month. Total sample in this research are 140 people. Sampling using a purposive sampling technique (non-probability sampling). The instrument in this study is the scale of adult attachment style and marital inventory Enrich marriage satisfaction scale adopted from Putri (2018). Analysis of the data used is the Spearman rank correlation test using SPSS (statistical product and service solution) 23.0 for Windows. The results of this study indicate that there is a positive and significant relationship between adult attachment style and marital satisfaction of long distance relationships ($R = 0,398$) and the significance of a probability of 0,000 ($0,000 < 0.05$) which means the hypothesis is accepted, therefore there is a relationship between adult attachment style and satisfaction of long distance relationship marriage. The amount of contribution or effective contribution between adult attachment style and marital satisfaction of long distance relationships is 15.8% while the remaining 84.2% is influenced by other factors not measured in this study.

Keyword :Adult attachment style, marital satisfaction long distance relationship
Bibliography : 38 (2000-2018)