

CHAPTER I

INTRODUCTION

This chapter is present background of the study, statements of the problem, objectives of the study, scope and limitation of the study, and significance of the study. Those subchapters are required to inform this scientific study.

1.1 Background of the Study

Human have their own story in life through the sadness and happiness things that occurred. For example, happiness exists when we get something good to be real, such as love. Exactly, a lot of people have feel in love in this life. When they love something, they will bring all that happiness becomes good memory in future. In the other side, sadness is a feeling that hurt our heart. Such as when we left behind someone we loved, get an accident, sexual abuse, violence and the others. It will be kind of bad memories in their future life. Some people often get an anxiety from their terrible memory or experiences that stuck in their minds a long time. It will hurt their feeling and disturb their mental for sure. So, it is called as trauma.

Otherwise, this anxiety feeling will distract their personality as long as their trauma stuck in a long period. These continuities, called as Post Traumatic Stress Disorder (PTSD), “a continuous maladaptive reaction as a result of traumatic event” as Nevid said in his book of post trauma (2007). It is caused by the bad experiments they receive such as, sexual abuse, violence, and all of terrible event that occur in their life.

While wondering the big issues of psychiatry’s world, children are the important object to be care. Post trauma is not a simple issue as traumatic syndrome is used to be. Indeed, the effect is very terrible, such as the feeling of want to die, hopeless, negative behavior and suicide. They cannot face the reality and cannot survive with their pain. Generally, this case mainly occurs to the past experiences or in the children’s age. Some of

the big issues in the world are a child whom gets a sexual harassment. The act of seducing children under the age is the factor of sexual abuse. It can break the mental of the children and lead them to the mental illness. Some cases for PTSD's syndrome are children sexual abuses.

In many literary works, it was portrayed as well in the thriller, slice of life, autobiography, and psychology story. It is possible to define post trauma in the analysis of the story, because the characters' in the novel is the human itself. While literary work is author expression which represents his emotion and thought.

On the other hand, within literary work, character's identity or mostly is called as characterization has evolved and effected in significant way toward the literary work. Author's magnificent touch toward the figure or character within a literary work influences the way character presented within the story. According to Theory of Literature by Rene Wellek and Austin Warren:

By "psychology of literature," we may mean the psychological study of the writer, as type and as individual, or the study of the creative process, or the study of the psychological types and laws present within works of literature, or, finally, the effects of literature upon its readers (audience psychology)."

To begin with, *Love is the Answer God is the Cure* is seen to be interesting to be part of this analysis. Due to some consideration which the writer intends to conduct this analysis is that the novel possesses prestigious award and suitable to the theory of PTSD-Resiliencies. Meanwhile, the writer's analysis is definitely interesting to bring up for several possible reasons.

The first is because she is a new novelist who immediately won several awards. She is a Cuban American, graduated nursing from the University of Miami. *Love is the Answer, God is the Cure* is her first novel, a memoir novel. Although this is her first novel in

2018, but she has won several awards and recognition, such as New York City Big Book Award Distinguished Favorite, Fall 2018 Pinnacle Book Achievement Award, and the Gold/1st Place award in the 2019 Feathered Quill Book Awards Program for the Memoir/Biography category AND the Gold/1st Place award in the Inspirational category.

The second, PTSD is the big issues in the America, but it is interesting to learn and find the solving problem. It is important to dig out some good influences to the reader as long as we analyze the problem. As in the novel *Love Is the Answer God Is the Cure*, by Cuban American Author named Aimee Cabo Nikolov published on August 2018. She writes a memoir novel by the main character is her selves. Therefore, to analyze the post traumatic issue, the researcher found resilience factors to solve the problem within this case of literary work. This novel represents the author's life perfectly with the touch of feminism sense. Thus, after a lifetime of horrific abuse, Aimee Cabo Nikolov proves that faith can sustain us and love truly conquers all in her compelling memoir *Love is the Answer, God is the Cure*.

As a child, Aimee was persecuted by her stepfather when her mother allowed to work. She finally asked the authorities for help and caused a split in his family. This abuse' case made him famous and shunned by many people. Not only that viral case, were the problems that happened to her very complicated. Furthermore, sexual harassment is the main point in this story.

In the shocking detail, the novel tells how Aimee felt prey by her misfortune in case of physical and mental abuses. Such as violence, rape, drugs, alcohol, prostitution, abortion, manipulation, betrayal, and abandonment left her scarred and suffering from a form of post trauma. Through the darkness, she hugs her faith in God's love. She inserts Bible scriptures and prayers throughout her trouble of life. Her unashamed use of expletives in the dialogue and vivid descriptions of how she was sexually molested and raped make the sense of emotional awake.

Regarding to the statement above, theory of Post-Traumatic Stress Disorder with a little touch of resilience as the solving problems, is suitable to be analyzed to this novel. Indeed, psychoanalysis is the appropriate approach that will help in that way.

1.2 Statement of the Research Problem

In this research, the researcher found two problems:

1. How does the portrayal of post-traumatic stress disorder experience by main character in the novel *Love is the Answer, God is the Cure* by Aimee Cabo Nikolov?
2. How does the post-traumatic stress disorder of main character have cured?

1.3 Objectives of The Study

Related to statement of research problem above, the objectives of the study are to describe:

1. To describe the process post traumatic stress disorder portrayed in main character
2. To describe the resilience for overcoming the main character's post traumatic stress disorder

1.4 Significance of The Study

The significance of the study is:

1. Theoretically, this study will give the contribution to the study of psychology literary work.
2. Practically, first this study will give contribution to readers which can get a new sight for PTSD and Resilience.

1.5 Scope and Limitation

The scope of this study is applying the PTSD theory that focuses on analyzing the abuses issue represented in *Love Is the Answer God Is the Cure* by Aimee Cabo Nikolov. It

aims to find out the cause and effect, the process of PTSD and the concept of Resilience occur in her overcoming problem.

Meanwhile, this study is limited to analyze the data of the source of data. The source of data is *Love Is the Answer God Is the Cure* by Aimee Cabo Nikolov and the data is form of word of characters utterances' and the narration of the narrator in the novel *Love Is the Answer God Is the Cure* by Aimee Cabo Nikolov.