

ABSTRAK

Ullin Puput Nuryanti. 180541100073. Hubungan Persepsi Mengenai *Friend With Benefit* Dengan Perilaku Seksual Pranikah Pada Dewasa Awal. Program Studi Psikologi, Fakultas Ilmu Sosial dan Ilmu Budaya, Universitas Trunojoyo Madura, 2025.

Penelitian ini bertujuan untuk mengetahui hubungan antara persepsi mengenai *friend with benefit* dengan perilaku seksual pranikah pada dewasa awal pengguna platform X di Surabaya. Fenomena FWB sebagai bentuk relasi nonmarital tanpa komitmen namun melibatkan hubungan seksual, semakin marak di kalangan dewasa awal khususnya melalui media sosial seperti platform X yang menawarkan ruang bebas berekspresi. Penelitian ini menggunakan pendekatan kuantitatif korelasional dengan teknik purposive sampling terhadap 100 responden berusia 18–30 tahun, pengguna platform X, belum menikah, berdomisili di Surabaya dan menjalani hubungan FWB. Teknik analisis data menggunakan uji Spearman dengan bantuan SPSS 24 *For Windows*. Hasil analisis menunjukkan nilai koefisien korelasi sebesar $r = 0,573$ dengan signifikansi sebesar $p = 0,000$ ($p < 0,05$). Hal ini menunjukkan bahwa terdapat hubungan yang signifikan antara persepsi mengenai FWB dengan perilaku seksual pranikah pada dewasa awal. Terdapat hubungan positif antara persepsi mengenai FWB dan perilaku seksual pranikah dengan tingkat korelasi sedang. Hasil ini mengindikasikan bahwa semakin positif persepsi seseorang terhadap FWB, maka semakin tinggi kecenderungan mereka untuk terlibat dalam perilaku seksual pranikah. Sehingga hipotesis yang diajukan dalam penelitian ini dapat diterima yaitu terdapat hubungan antara persepsi mengenai FWB dengan perilaku seksual pranikah pada dewasa awal.

Kata kunci : persepsi, *friend with benefit* (FWB), perilaku seksual pranikah, dewasa awal, platform X

ABSTRACT

Ullin Puput Nuryanti. 180541100073. The Relationship Between Perceptions of Friends With Benefits and Premarital Sexual Behavior in Early Adulthood. Psychology Study Program, Faculty of Social and Cultural Sciences, Trunojoyo University, Madura, 2025

This study aims to examine the relationship between perceptions of friends with benefits (FWB) and premarital sexual behavior among early adults using platform X in Surabaya. The phenomenon of FWB, characterized as a non-marital relationship without commitment but involving sexual relations, has become increasingly prevalent among early adults, particularly through social media platforms like X, which provide a space for free expression. This research employs a correlational quantitative approach with purposive sampling techniques involving 100 respondents aged 18–30 years, who are users of platform X, unmarried, residing in Surabaya, and engaged in FWB relationships. Data analysis was conducted using the Spearman correlation test with the assistance of SPSS 24 for Windows. The analysis results indicate a correlation coefficient of $r = 0.573$ with a significance level of $p = 0.000$ ($p < 0.05$). This finding suggests a significant relationship between perceptions of FWB and premarital sexual behavior among early adults. A positive correlation exists between perceptions of FWB and premarital sexual behavior, with a moderate level of correlation. These results indicate that the more positive an individual's perception of FWB, the higher their tendency to engage in premarital sexual behavior. Therefore, the hypothesis proposed in this study is accepted, confirming that there is a relationship between perceptions of FWB and premarital sexual behavior among early adults.

Keywords : *perception, friends with benefits (FWB), premarital sexual behavior, early adulthood, platform X*