

ABSTRAK

Putra Fiat. 180541100101. Program Studi Psikologi. Daya Juang Mahasiswa Psikologi Universitas Trunojoyo Madura yang Mengikuti Program MBKM-Riset.

Penelitian ini bertujuan untuk mengetahui bagaimana daya juang mahasiswa Psikologi Universitas Trunojoyo Madura yang mengikuti program MBKM-Riset. Penelitian ini menggunakan pendekatan kualitatif fenomenologi dengan metode analisis *Interpretative Phenomenological Analysis* untuk mengeksplor bagaimana partisipan memberi makna pada pengalaman daya juang dalam mengikuti MBKM-Riset. Pengambilan sampel penelitian ini menggunakan *purposive sampling* dan teknik pengambilan data menggunakan wawancara semi terstruktur. Penelitian ini dilakukan pada empat partisipan yaitu mahasiswa aktif psikologi di Universitas Trunojoyo Madura yang pernah atau sedang mengikuti program MBKM-Riset dengan tim riset atau dosen pembimbing riset yang berbeda. Penelitian ini menemukan beberapa tema antara lain: (1) Mengendalikan kesulitan dengan menjaga hubungan dengan orang lain, (2) Menganggap kesalahan berasal dari dalam diri, (3) Memandang kesulitan sebagai pelajaran berharga, (4) Mampu bertahan menghadapi kesulitan. Selain itu partisipan juga memiliki motivasi dan harapan dalam mengikuti MBKM-Riset. Adapun faktor yang memengaruhi daya juang yaitu faktor pendukung seperti teman dan keluarga serta faktor penghambat yang berasal dari dalam diri. Partisipan memaknai daya juang sebagai sebuah pelajaran untuk menjadi lebih baik lagi kedepannya.

Kata kunci: Daya juang, *Interpretative Phenomenological Analysis*, MBKM-Riset

ABSTRACT

Putra Fiat. 180541100101. Psychology Study Program. The Adversity Quotient of Psychology Students of Trunojoyo Madura University who Participated in the MBKM-Research Program.

This study was conducted to investigate how the adversity quotient of Psychology students at Trunojoyo Madura University who take part in MBKM-Research program. This study using a qualitative phenomenological approach with an Interpretative Phenomenological Analysis method to explore how participants give meaning to the experience of adversity quotient in taking MBKM-Research. This research sampling using purposive sampling and data collection method using semi-structured interviews. This research was conducted on four participants that is psychology students active at Trunojoyo Madura University who ever or taking in MBKM-Research program with different research teams or research supervisors. This research found few themes, include: (1) Controlling adversity by keep the relationships with people, (2) Assuming mistakes come from inside, (3) Looking adversity as valuable lessons, (4) Able to survive from adversity. Besides that, participants also have motivation and hope in taking MBKM-Research. The factors that affect to adversity quotient are supporting factors like friends and family and obstacle factors that come from themselves. Participants interpret adversity quotient as a lesson to be better in the future.

Key words: Adversity quotient, Interpretative Phenomenological Analysis, MBKM-Research

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