

ABSTRACT

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This study is intended to explain about the kinds and the effects of anxiety, and the way to overcome anxiety which is suffered by Mary Beth in the novel *Every Last One*. Concerning this matters, this study focuses on the analysis of the utterances of Mary Beth and narrator's narrations that related to anxiety. Psychoanalysis theory, especially anxiety and defense mechanism are used as the basis theory to analyze Mary Beth's anxiety that is portrayed in the novel.

Moreover, this study is conducted by using qualitative method, because the key instrument of this study is the writer and the data are described in the form of words. Therefore, the utterances of Mary Beth and narrator's narrations based on the research problems are analyzed to reveal Mary Beth's anxiety which are found in the novel. Hence, the data collection is done simultaneously with the data analysis.

Mary Beth as the main character suffers three kinds of anxiety; reality anxiety, neurotic anxiety, and moral anxiety. In addition, Mary Beth's anxiety brings effects to her life, such as Mary Beth often distresses to take care of her children, Mary Beth has the weirdest dream, and Mary Beth feels exhausted. By using repression, finally, Mary Beth's anxiety can be overcome.

Keywords : Anxiety, Reality Anxiety, Neurotic Anxiety, Moral Anxiety, Repression.

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